

NOTEWORTHY CHANGES



Cheryl Burke
Chief Student Services
Officer

-International Education -Career Services -Internship Department -Counseling Center -Mercy Health Center -Christian Life Program -Academic Advising Center



Kashif Sharoon Chief Student Life Officer

Chief Student Life Officer Student Affairs Department

Student Activities Department Athletics and Sports Department Proctor's office

- Residential Life Department



Abdul Rehman



Shahzad Nazir
Head of Male Sports



Hira Atta Head of Female Sports

STUDENT ACTIVITIES OFFICE

Qundeel Rabbani Manager Student Activities Ext 355 Marium Eugien
Assistant Student Activities

Student Activities Office exists to enhance the experiences of students outside their classroom environment.

Student Activities Office assists with events of thirty-five university societies and nine intermediate societies. Starting from Forman Experience in August through December, this department has overseen more than one hundred events. The societies work hard to organize activities which help to create a positive environment for the campus community. They also participate in inter-university competitions (university societies) where they often achieve awards and always make their institution proud.

Here you can have a glimpse of major events hosted by various student societies.

Forman Experience

Forman Experience was a two week long series of events exclusively for freshmen students arranged by the university societies to acquaint them with and indeed initiate them into the university environment. Students explored different societies and learned more about campus and what goes on within its day to day life.





Drama Eve & Competition

This time Forman Dramatics Club and Student Activities Department presented eight different amazing plays to a super-excited Formanite audience. Several amateur actors including many freshmen students competed against each other by delivering awe-inspiring dramatic performances.







STUDENT CORNER THEIR VOICE AND THOUGHTS



Usama Suleman

I started working as a volunteer in different societies back in 2016. These societies helped me a lot in my self-grooming.

I have a good working relationship with Student Activities Office. I've worked in numerous events somewhere working as a Director Logistics whereas in some other event working as an Event Coordinator. Student Activities Department taught me different things ranging from but not limited to event-management, essential aspects of interacting with new people in a work professional environment. Whoever I am now, this department has played an immensely important role in it by making me a punctual and responsible individual.

Regards, Usama Suleman

Music Concert 2018

Forman Music Society and Student Activities office held an annual concert. The concert comprised of the musical performance of popular singer Mustafa Zahid along with that of renowned music band Roxen. It was a great success and was enjoyed by a huge gathering of Formanites at the FCC main ground on 1st Dec, 2018.





Forman Olympiad 2018

Forman Olympiad 2018 was successfully held from 26th to 30th Nov through the hard work and efforts of Forman Sports Society and Department, with the aim of providing a huge sporting platform to different college and university students from different institutes of Pakistan so they can fully showcase their athletic and sporting skills.





Game of Nations

International Affairs society organized an amazing game called 'Game of Nations' on the 30th of November 2018. This scavenger hunt was unique in the sense that here a country's name was allotted to every place in FCCU and teams were given a "world map" – using the map the teams were supposed to find everything in the list. Cash prize of Rs. 5000/- was given to the winning team.







SPORTS DEPARTMENT

Shahzad Nazir Head of Male Sports Ext. 312

Hira Atta Head of Female Sports Ext: 312

Staff-Faculty Badminton Championship

was held on 5th and 6th Dec, 2018 and was also attended by rector as chief guest of the event

Positive Parenting workshop

was held on 7th Dec, 2018 with the aim of promoting positive parenting through sports and physical education.

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Women Entrepreneurship Fiesta 2018

Women Entrepreneurship Fiesta'18 was one of the biggest events held in FCCU. The aim of the event was to promote latest brands of women entrepreneurs. Different food, jewelry, handicraft stalls were put up for the visitors.





Graduation Party

Student Activities Office and Forman Music Society organized the much anticipated Graduation Party for the graduating class of 2018 in the month of December. Wonderful dance and music performances along with a mouth tantalizing dinner complemented the event significantly.





Blood Donation & Pink Tea Party

This past semester, MHC collaborated with Forman Journalism Society (FJS) to conduct a Blood Donation Drive for Shaukat Khanum Memorial Cancer Hospital. MHC also did collaboration with Women Empowerment Society (WES) to host the first ever Pink Tea Party for Urdu-speaking staff so they can be acquainted with the risk factors and early detection of breast cancer. Mercy Health Center is currently working to raise awareness about pollution and its impact on health.







CHIEF **PROCTOR**

OFFICE

Parking stickers have been issued to FCCU students, From 11th Feb. 2019 no one can park their car/motorbike without valid student parking sticker.

MERCY HEALTH

CENTER

- · Mercy Health Center now has an facilitate a more timely response for emergency calls and will make transferring patients more comfortable and efficient
- · Next semester, Mercy Health Center will be extending the office hours until 9 pm Monday-Friday. MHC will also be open from 10 am - 2 pm on Saturdays.

For emergencies, please call Ext: 413 or 0300 0642006 for medical assistance during regular hours of operation. Please save this number in your phone.

Shawna Person **Head of Health** Services

Nadab Parshad Office Coordinator Ext: 412

Dr Carol Ruth Doctor

Nancy Emanuel Nursing Assistant

Nurse

Nurse

Suleman Anwar **Nursing Assistant** **Rachel Rubina**

Laji Michael

INTERNATIONAL EDUCATION **OFFICE**

Svlvia De Souza Senior Manager International Education Ext: 464

Maryam Khalil Office Coordinator Ext: 461

The International Education Office (IEO) at FCCU is committed to providing inclusive counseling and advising for extensive opportunities in prestigious foreign universities. The Office has joint relations with the official representatives of international universities in Egypt, France. Germany, Korea, Malaysia, Turkey, USA and other countries to explore admission, scholarship and semester exchange opportunities for FCCU's students.

International Education Expo

The educational fair was held by the International Education Office (IEO) on the 7th of November, 2018. A large number of universities from the US, UK, Germany, Turkey, and several other countries were invited. They came to inform and help the students find the perfect foreign university for themselves. The event came to an end with a heart-warming speech by Ma'am Sylvia who poured her heart and soul in this event.





Hult Prize FCCU

Hult Prize FCCU was held on 17th Dec, 2018. It is a competition based on the concept of social entrepreneurship. Every year there's a challenge. This year's challenge was to develop a business idea that provides ten thousand jobs in a decade. So students presented their ideas in a six minute pitch followed by four minutes of Q & A session by judges. In the end. two teams (Team Peerzada and Team Khat o Khaal) won with their respective ideas and advanced to the regionals. Though team Khat o Khaal advanced to the regionals through the general application.







CAMPUS COUNSELING

CENTRE

Mohammad Haris Raza Administrator Ext: 354

Aisha Ateeq Assistant Professor and Campus Counselor

Counselor's Office 4, First Floor, Mercy Health Center Ext: 781

Dr Ivan Suneel Chairperson & Assistant Professor & Campus Counselor

Room # 338, Business and Social Sciences Building Ext: 652

Counselor's Office 3, First Floor, Mercy Health Center Ext: 782

Sarah Anthony Campus Counselor

Counselor's Office 2, First Floor, Mercy Health Center Ext: 783

Conflict Management Workshop

Smoking Cessation Workshop

Group Session

CAREER AND INTERNSHIP OFFICE

AMEEK ASIF GEORGE HEAD OF CAREER SERVICES Ext: 319

SARA PERVAIZ CHUGHTAI MANAGER INTERNSHIP AHSON PERVAIZ OFFICE ASST. FOR CAREER SERVICES

FARHAN IJAZ OFFICE COORDINATOR FOR INTERNSHIPS

Talk on Emotional Intelligence

Aliya Iqbal from Feroze 1888 Mills came to Lahore on the request of Career Services Office for engaging her in a session. She shared the vast experience she has got in her field. With her expertise in HR along with her degree in Psychology, she conducted a session on emotional intelligence: the success factor.





Talk by Coca Cola

Career Services Office invited Ms. Mutahira Wajeeh Hamadani, HR specialist in talent acquisition & working as centre excellence to Coca cola Ice Cek Pakistan. She is a formanite and is certainly a woman with vision, passion and desire for success. She conducted a session on importance of networking skills in general & specially in corporate world and also gave the idea about Coca cola as a firm and proceeded further with the business model as a whole.







CAMPUS COUNSELING

CENTRE

Various group sessions which have taken place currently are as follow:

Anger Management Dr. Ivan Suneel

Dr. Ivan Sunee Mondays

Anxiety Management

Ms. Sarah Anthony Tuesdays

Social Skills

Ms. Amber Ijaz Wednesdays

Bullying

Ms. Ayesha Ateeq Thursdays

Smoking Cessation

Mr. Arman Ahmed Fridays

RESIDENTIAL LIFE OFFICE

HAROON DAWOOD SENIOR MANAGER RESIDENTIAL LIFE EXT: 402

ADNAN ILYAS MANAGER RESIDENTIAL LIFE

AYESHA KHALID
OFFICE ASSISTANT FOR RESIDENTIAL
LIFE

RESIDENTIAL LIFE OFFICE

World Food Day

Residential Life Office, FCCU launched and celebrated World Food Day on 16th October, 2018 to create awareness of food preservation and sharing food with the huger-stricken people among the students of FCCU, especially among the hostel residents. Students from all the hostels actively participated in organizing the World Food Day and spreading the essential message of World Food Day, not to waste food and to achieve the goal of Zero Hunger.



Sur-Sangeet Night at West Hall

West Hall presented a Sur-Sangeet Night on Tuesday, 11th December 2018; the guest singer was Tahir Abbas, who is an emerging folk and pop music singer. His song "dhola" became his fame in recent times. The musical night was immensely enjoyed by everyone.



Polio Day Event

Griswold Hall in collaboration with Residential Life Office arranged a Polio Day event to make the students aware of Polio. In this event, residents from all hostels were invited and they participated in it. Mr. Anthony Richard, Mubarak Ali and Shahid Ali were the esteemed guests who talked about polio virus, its spread and its vaccination. It was organized on 24th October 2018.





NEWSLETTERCREDITS

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ACADEMIC ADVISING CENTER

The Academic Advising Center (AAC) is here to help you on your path to graduation. Beginning with new student orientation and continuing throughout your time at FCC, the goal of this center is to help students resolve issues that may prevent them from graduating on time. Here students can be assisted in issues like degree audits, provision of guidance regarding courses and road maps and directing them to appropriate offices for non academic issues

Student Academic Support Officers AAC Administrator Head of AAC Beenish Daood and Hina Yousaf Ilyasib Yaqoob Cheryl Burke

The Academic Advising Center is located in Room 126 (1st floor) in the Ahmed Saeed Building.

In addition to the staff in the Ahmed Saeed Building, every department has a dedicated Academic Advisor working with the Dean of the Faculty

Ms Sarah Ephraim	E-119
Ms. Safoora Samuel	S-204
Prof. CJ Dubash	Sinclair Hall (First Floor)
Mr. Aqeel George Mr. Naveed Hadayat	E-124 E-042
Ms. Maryam Kabir Mr. Imran Saeed	S-304 S-001
Ms Shazia Sarif Mr. Fayyaz Raza	E-042 E-042
	Ms. Safoora Samuel Prof. CJ Dubash Mr. Aqeel George Mr. Naveed Hadayat Ms. Maryam Kabir Mr. Imran Saeed Ms Shazia Sarif

