



**FORMAN
CHRISTIAN
COLLEGE**
(A CHARTERED UNIVERSITY)



WEBINARS/EVENTS

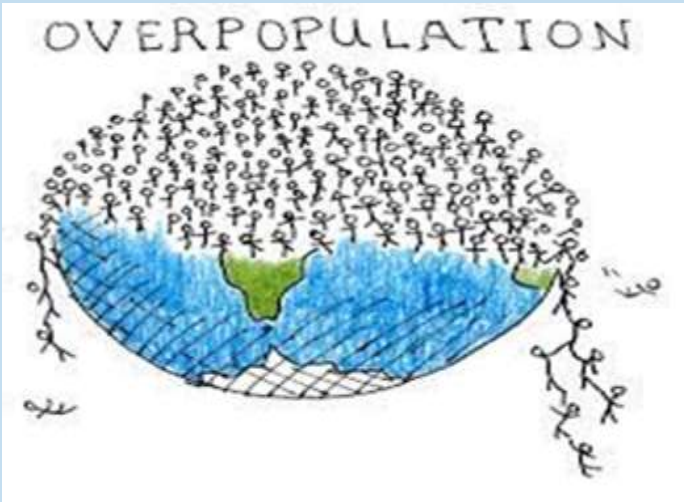
- EVALUATION OF MATERNAL AND CHILDWEEK PROGRAM: FINDINGS FROM PAKISTAN
- OPEN HOUSE SESSION FOR PRC CERTIFICATION PROGRAM

ACADEMIC PROGRAM

- CERTIFICATION PROGRAM IN DEMOGRAPHY AND POPULATION STUDIES
- WORKSHOP(S)**
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 - POPULATION WELFARE DEPARTMENT (PWD), PUNJAB
- PUBLICATION(S)**
- PROCEEDINGS OF 1ST VIRTUAL INTERNATIONAL CONFERENCE



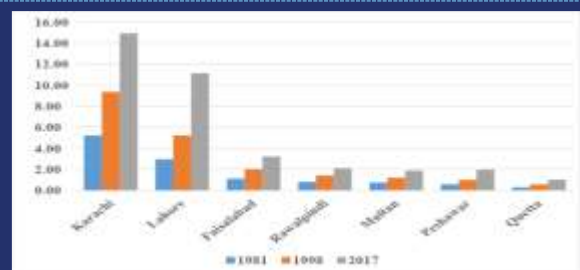
PUBLICATION OF PRC'S CONFERENCE BOOKLET



Conference Booklet Cover Page

The Population Research Center (PRC) conducted its 1st virtual international conference/panel discussion via zoom on December 2nd, 2021. The day-long event was titled “Opportunities and threats: Population growth and the way ahead”. The event consisted of two sessions. The first session was panel discussion in which national and international panelists presented on the central theme of the panel discussion which was "the relationship between population growth and socioeconomic and political development by reviewing and assessing the challenges and opportunities, in order to design the strategies for overcoming population growth related issues.” While in the second session, participants from different academic backgrounds presented their research papers. The papers were reviewed and shortlisted by the editorial board.

In this regard, PRC team transcribed, edited and finalized the proceedings of conference in the shape of booklet. The booklet contains presentations of the national and international panelists and academic conference papers presented by paper presenters. The conference booklet is in the process of printing and will be disseminated soon.



Population of major urban centers (millions)

Retrieved from the Booklet



TRF and female literacy rate (South Asia)

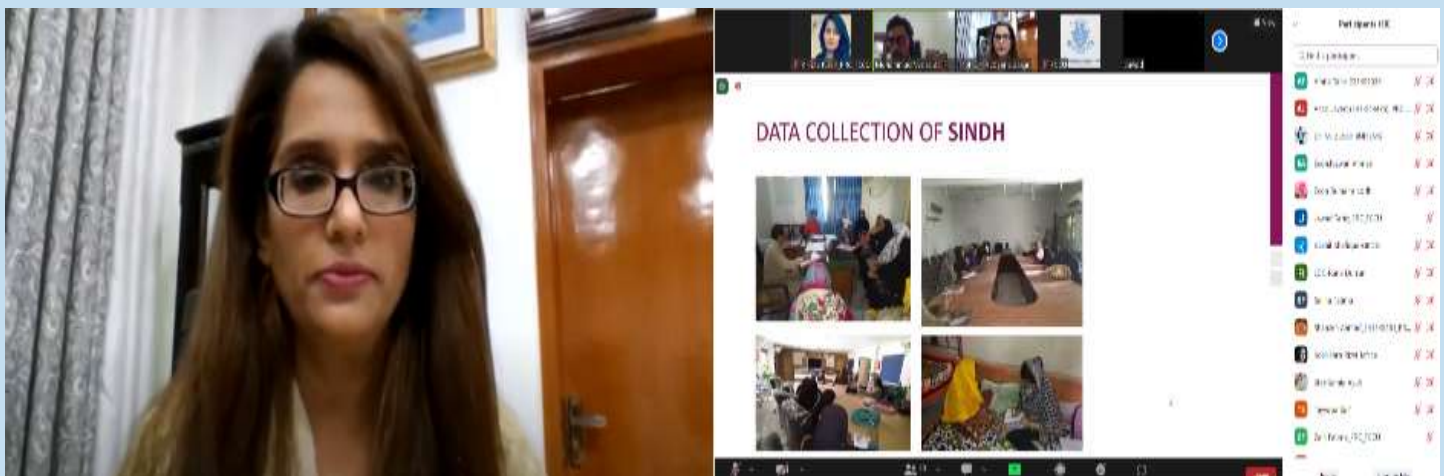
Retrieved from the Booklet

WEBINAR: EVALUATION OF MATERNAL AND CHILD WEEK PROGRAM: FINDINGS FROM PAKISTAN GUEST SPEAKER: DR. RUBEENA ZAKAR

About the Event

PRC organized a webinar on “Evaluation of Maternal and Child Week Program: Findings from Pakistan” on May 17th, 2022. The guest speaker of the event was Dr. Rubeena Zakar. Dr. Rubeena talked on Evaluation of Maternal and Child Week Program: Findings from Pakistan. MCW is about to bring a positive change in the health of mothers and children in Pakistan. Several international organizations, including UNICEF, are playing a significant role especially in areas that lack basic health services. To support efforts to translate Pakistan’s National Health Vision into action, UNICEF developed a Mother and Child Health Week (MCW) Strategy which aims to help the Government to deliver maternal and child health services to communities’ doorsteps.

UNICEF supported the first evaluation of the Mother and Child Week (MCW) initiative to identify lessons learned and provide evidence for improved programme design, implementation and evidence-based decision-making on maternal, neonatal and child health (MNCH) in Pakistan. The Evaluation was conducted by Prof. Dr. Rubeena Zakar, Director Institute of Social and Cultural Studies and her team. The evaluation provided evidence that the MCW initiative was successful in achieving its intended objectives of strengthening the delivery of routine MNCH services, while improving access to services for marginalized, crisis and disaster-affected populations.



PRC conducted webinar on “Evaluation of maternal and child week program: findings from Pakistan” via zoom

About the Speaker

Dr. Rubena Zakar is currently a professor of Public Health and Director of the Institute of Social and Cultural Studies, University of the Punjab, Lahore, Pakistan. She did her Ph.D. in Public Health from Bielefeld University, Germany (2012) with distinction (Summa cum laude).

She was also associated as a researcher in the Department of Public Health Medicine, Bielefeld University, Germany from 2006 to 2012 to investigate violence against women as a challenge for global women rights. Currently, she is selected for International FAIMER Institute Fellowship from USA. Her research interests include gender-based violence, women’s health in developing countries, maternal and child health, inequalities in health care utilization, health and human rights, and gender and development.

WEBINAR INVITATION

EVALUATION OF MATERNAL AND CHILD WEEK PROGRAM: FINDINGS FROM PAKISTAN

Keynote Speaker: Dr. Rubena Zakar
Date: 17th May 2022
Time: 03:00 PM - 04:00 PM

Zoom link: <https://us02.zoom.us/j/81655181570>
Meeting ID: 816 5518 1570
Password: 605561

About the Speaker:
 Dr. Rubena Zakar is currently professor of Public Health and Director of the Institute of Social and Cultural Studies, University of the Punjab, Lahore, Pakistan. She earned her Bachelor of Medicine and Bachelor of Surgery (MBBS) from South Medical College, Karanah University, Master's in Population Sciences from Punjab University (2006); and Ph.D in Public Health from Bielefeld University, Germany (2012) with distinction (Summa cum laude). She was also associated as researcher in the Department of Public Health Medicine, Bielefeld University, Germany from 2006 to 2012 to investigate violence against women as a challenge for global women rights. Currently, she is selected for International FAIMER Institute Fellowship from USA.
 Her research interests include gender-based violence, women's health in developing countries, maternal and child health, inequalities in health care utilization, health and human rights, and gender and development. She has published more than 115 research papers in international high impact journals like International Journal of Gynecology and Obstetrics, BMC Public Health, Iranian Journal of Public Health, International Journal Environmental Research and Public Health, Maternal and Child Health Journal etc. She is also a reviewer of Impact Factor Journals like Canadian Journal of Behavioral Sciences, Journal of Family Violence, Frontiers in Public Health and British Journal of Gynecology and Obstetrics. Currently, she is in the editorial board of many International flagship journals such as she is working as Section Editor PLOS One, Associate Editor BMC Public Health, and Academic Editor PLOS Global Health. Dr. Rubena Zakar has also various operational research projects in her credit as well with international and national organizations like USAID, OPW, Thresher Fund USA, UNICEF and USAID etc.

POPULATION COUNCIL
 Ideas. Evidence. Impact.

UNFPA

Please RSVP to : prc@frcollge.edu.pk
 Population Research Center
 Forman Christian College (A Chartered University)

The recorded event can be accessed at PRC’s official YouTube channel through following link:

<https://www.youtube.com/watch?v=WVK05eIcNpw>

Country/Region	Total population in millions, 2022	Average annual rate of population change, per cent, 2020-2025	Total fertility rate, per woman, 2022	Life expectancy at birth, years, 2022, female	Life expectancy at birth, years, 2022, male
Pakistan	229.5	1.8	3.3	69	67
Asia & the Pacific	4149	0.8	2.1	75	71
Arab States	393	2	3.2	74	70
Eastern Europe & Central Asia	251	0.5	2.1	78	71
Latin America & the Caribbean	661	0.8	2	79	73
East & Southern Africa	649	2.5	4.1	67	62
West & Central Africa	483	2.6	4.8	60	58

Population Statistics of Pakistan and other Regions (2022)

Source: UNFPA

INSTITUTIONAL LINKAGES

PRC has established international linkages through membership with the **Population Association of Singapore (PAS)** on 11th January 22. Recently, PRC participated in PAS inaugural Annual General Meeting which was held on March 31st, 2022.

Population Association of Singapore (PAS) strives to provide a national platform for intellectual exchange and policy-relevant scientific research on population. The PAS mission is to promote the scientific study of the population, encourage exchange between researchers, and stimulate interest in population issues in Singapore and Asia.



PRC has also established linkages with the **Population Welfare Department (PWD), Punjab.**

The Population Welfare Department Punjab has outlined its goals as follows:

- Stabilize population growth
- Reduce fertility
- Facilitate and guide relevant sectors to achieve SDG objectives

The terms of collaboration between PRC and PWD are in process of finalization. However, the collaboration will initially lead to organizing joint events like Seminars, Webinars and Workshops.



POPULATION WELFARE DEPARTMENT
Government of The Punjab

WORKSHOP – STATA ONLINE COURSE FOR STUDENTS

PRC certification students took an online course introducing them to STATA. The course consisted of four modules as follows:

- Setting up and loading new data
- tracking calculations and data analysis
- Joining databases and course wrap-ups
- Course Assessment

The course consists of the basics of STATA software and will work as a prerequisite for upcoming workshop on univariate, bivariate and multivariate analysis.



OPEN HOUSE SESSION – CERTIFICATION PROGRAM IN DEMOGRAPHY AND POPULATION STUDIES

The Population Research Center (PRC) in collaboration with the Departments of Economics, Sociology, Statistics and Geography, has launched a Certification Program in “Demography and Population Studies” in fall’21. PRC is currently registering students for the 2nd batch of the certification program which will begin in fall’22. The certification program provides interdisciplinary understanding and training to undergraduate students in demographic theory, methods and analysis. Certification students are required to enroll for four courses which are all offered within one academic year (two semesters):

Courses	Semester
Introduction to demography (SOCL 110)	Fall
Quantitative methods in social sciences (STAT 103)	Fall
Population economics (ECON 210)	Spring
Human domain of Geography (FEOG 210)	Spring

PRC organized an Open House Session on June 15th 2022 to inform students about the certification program which will commence in fall’22. The event started with a presentation by Dr. M. Vaqas Ali (Director, PRC) in which he explained the relevance and importance of the program followed by the presentations of the following four speakers:

<i>Dr. Hafiz Rizwan Ahmad</i>	<i>Departmental representative and course instructor of ECON 210</i>
<i>Prof. Kashif Shafique</i>	<i>PRC advisory board member and chairperson, department of Geography</i>
<i>Dr. Anwar Mughal</i>	<i>Course instructor STAT 103</i>
<i>Dr. Jawad Tariq</i>	<i>PRC coordinator & course instructor SOCL 110</i>

After the detailed introductory session by Dr. M. Vaqas Ali, Dr. Hafiz Rizwan Ahmad from the department of economics described the importance of demography and how it relates to multiple economic indicators (scarcity, employment and resource generation etc.) to students majoring in economics. He also commented on demography and how it helps us to answer important and fundamental questions of economic literature.

After Dr. Rizwan’s presentation, Professor Kashif Shafique from the department of Geography explained the association of geography and demography and how these two fields define population dynamics.



POPULATION RESEARCH CENTER
OPEN HOUSE | CERTIFICATION PROGRAM IN DEMOGRAPHY AND POPULATION STUDIES

ABOUT:
The Population Research Center (PRC) in collaboration with the Departments of Economics, Sociology, Statistics and Geography, has launched a Certification Program in Demography and Population Studies in Fall 21. The second phase of the program will be effective from Fall 22. The certificate program will provide interdisciplinary understanding and training to undergraduate students in demographic theory, methods, and analysis. The PRC cordially invites you to attend a virtual open house to discuss the relevance and significance of the certification for undergraduate students.

EVENT DETAILS:
Date: June 17th, 2022
Time: 6:00 PM - 7:00 PM
ROOM MEETING LINK: <https://bit.ly/3wvz0w0>
#PRC2022

AGENDA:

Presenter	Topic	Duration
Dr. M. Vaqas Ali Dean of Social Sciences	Introduction to the certification	15 minutes
Dr. Hafiz Rizwan Ahmad (Economics)	Relevance of certification for Economics Majors	5 minutes
Dr. Kashif Shafique (Geography)	Relevance of certification for Geography Majors	5 minutes
Dr. Anwar Mughal (Statistics)	Relevance of certification for Statistics Majors	5 minutes
Dr. Jawad Tariq (Sociology)	Relevance of certification for Sociology Majors	5 minutes

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Formosa Christian College (A Chartered University)



He added that population geography is one of the domains of human geography which studies composition, growth, distribution, migration movements. He also explained that the course which is being offered in certification program i.e., GEOG 220 is very relevant in terms of population and human geography.

Then, Dr. Anwar Mughal from the department of statistics shared that the certification program is an excellent integration of all subject areas. However, through the course Quantitative analysis (STAT 103), the students can use statistics tools i.e., SPSS and Excel on the population-related data. He also encouraged students to learn the softwares like R, STATA and can use them in their research. The certification program can be very beneficial for the students majoring in statistics because they can enhance the value of their qualification by adding this additional achievement.

Lastly, Dr. Jawad Tariq from the department of sociology explained the relevance and importance of the program in relation to the course SOCL 110. He explained that demography is the science of populations that examines the size and composition of population relationships between population composition and changes, dynamic life-course processes.

He also added that this program will help students to explore the difference among health & mortality, family change, migration, and migrants.

At the conclusion of the open house, Ms. Zain Fatima Shamsi (Administrative Assistant, PRC) explained the registration process for 2nd batch of program.

Note Regarding Registration Process: Students can enroll for the courses included in the certification either by themselves through empower or by sending a request to the PRC. As there are no reserved seats for the certification students in the above mentioned courses, interested students are requested to enroll as soon as possible.

STUDENT REVIEWS ABOUT PRC CERTIFICATION PROGRAM:

Two of the PRC's certification students from the 1st batch also shared their experience in the open house.

Review 1: *"I've been very fortunate in my tenure to have gotten this chance to enlighten myself with such a fruitful program. When I say was lucky, I mean that having a keen interest to learn the pathologies of changing dynamics in population in different areas, and then to learn the different perspectives on population. I'm confident that I can do well in field research with this elementary training in population studies"*



Mr. Lutfullah Khan

Review 2: *"The reason I decided to take part in this program is because I like to learn something new and gain skills through this program such as statistical analysis through SPSS. The PRC office also provides workshops for the students on data analysis. There are seminars and conferences that you can attend to get a better idea on what demographic research entails. I'm grateful that I took the chance to study demography through this program as it opened up more career opportunities and research ideas"*



Ms. Shanzeh Ahmad

MEET THE PRC TEAM MEMBER

Dr. Jawad Tariq has recently completed his PhD from Institute of Social and Cultural Studies, University of the Punjab, Lahore. He is currently working as an Assistant Professor in the Department of Sociology FCCU. Since 2019, he is working as Coordinator of Population Research Center FCCU. Dr. Jawad has published research articles in HEC recognized national and international journals. His research interests include issues of human rights, problems of marginalized and vulnerable populations, social media usage, and organizational behavior.



Dr. Jawad Tariq

Assistant professor, Sociology

Coordinator, PRC

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