

**DEPARTMENT OF SOCIOLOGY**

**NEWSLETTER 2023**



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## EDITORIAL NOTE

We are happy to share our achievements and updates from 2023 in the third newsletter of the Department of Sociology, FCCU. It has been an exciting year as our Undergraduate students of 2023 have completed their thesis journey and our first batch of MPhil students (Fall 2022) have received approvals for their proposals and have started data collection. There have been quite a few faculty achievements to celebrate and honor, with Dr. Shahid completing more certificates in South Asian Languages, joint faculty publications (Dr Shamaila Athar, Dr Jawad Tariq, Dr M Vaqas Ali, Mr Athar Azeem and Ms. Sana Shahid), and Dr. Julie Flowerday transferring as an affiliate member of the department so she can complete her research work.

Department faculty and Forman Sociology Society have remained committed to organizing activities and workshops to promote community service and skill building for research, and students have also been supporting faculty research projects and data collection. We also held ceremonies to award students with certificates for serving as thesis class reps and as research assistants for the NRPUC HEC project (*pictures below*). Finally, our biggest source of pride has been news from our alumni, showing how advantageous a sociology degree is in pursuing and succeeding in diverse professions including Punjab Police; Editorial work for a Social Science Journal; Environmental, social, and corporate governance; and Product management.



## DEPARTMENT CONFERENCE

The Department of Sociology held its 5<sup>th</sup> **Conference on Marginalized Populations** on 29<sup>th</sup> November, 2023. The conference covered three major themes: 1. Religious Minorities and Exclusion: The Christians, Hindus, and Hazara Shias of Pakistan; 2. Health Seeking Barriers and Patient Safety: Low status healthcare providers, refugee patients and aging women of Pakistan; and 3. Agency in the political and informal sectors: stories from Gilgit Baltistan, Kashmir, and Homebased Women Entrepreneurs. We are also happy to share that the researchers were all from FCCU:

1. Dr. Ayra Inderias: Assistant Professor, Department of Political Science, FCCU
2. Dr. Fatima Syeda: Professor and Chair, Department of English, FCCU
3. Dr. Quratulaein Liaqat, Associate Professor, Department of English, FCCU
4. Dr. Shahid Rasheed, Assistant Professor, Department of Sociology, FCCU
5. Dr. Ain ul Momina, Assistant Professor (Visiting), School of Life Science, FCCU
6. Ms. Tehniyat Fatima, Lecturer, Department of Sociology, FCCU
7. Dr. Anum Muzammil, Assistant Professor, Department of Mass Communication, FCCU
8. Dr. Shazia Ilyas, Assistant Professor, Department of Environmental Sciences, FCCU
9. Dr. Bushra Usman, Associate Professor, Department of Business, FCCU
10. Dr. Julie Flowerday, Professor, Department of Sociology, FCCU
11. Mr. Shezad Ali, FCCU Alumni
12. Mr. Haider Ali, FCCU Alumni

The abstract booklet of the conference can be found on: <https://www.fccollege.edu.pk/wp-content/uploads/786.-Abstract-booklet-2023-5th-conference.pdf>

The recording of the conference can be found on the following link:

<https://www.youtube.com/watch?v=1w4Jb3eLsfo>





## THESES ACHIEVEMENTS

### External Review of Undergraduate Theses

The Department of Sociology hosted **external examiners from prestigious research universities**, private and public, between 4<sup>th</sup> to 7<sup>th</sup> December, 2023 to review and provide feedback on the final theses of undergraduate majors in Sociology. The external examiners were specialists in the field of sociology including Dr. Ambreen Salahuddin (Department of Gender Studies, University of the Punjab), Dr. Qaisar Khalid Mehmood (Department of Gender Studies, University of the Punjab), Dr. Rahla Rahat (Institute of Social and Cultural Studies, University of the Punjab), Dr. Imran Ibrahim (School of Integrated Social Sciences, University of Lahore), and Mr. Abdul Aziz Taga (Department of Sociology, Government Graduate College of Science).



## Successful Undergraduate Majors

We are proud to share that the Department's Undergraduate Majors have concluded their thesis journey (Spring 2023-Fall 2023) with success, presenting valuable research findings on various critical social issues in Pakistan. They have covered diverse topics such as social exclusion, work-life balance, globalization, academic honesty, and mental illness and made important recommendations for Pakistan.

 **DEPARTMENT OF SOCIOLOGY FCCU**

 Name: Huma Irshad  
Supervisor: Shumaila Athar  
*Impact of social media on academic performance of undergraduate students*

 Name: Saad Saud Jaan  
Supervisor: Athar Azeem  
*Cultural Constraints and Women education; A case study of higher education in District Mardan, Pakistan*

 Name: Yusra Sajid  
Supervisor: Mohammad Vaqas Ali  
*Child Labour*

 Name: Esha Iqbal  
Supervisor: Shermeen Bano  
*Social Factors that contribute to postpartum depression among new mothers in Pakistan*

 **DEPARTMENT OF SOCIOLOGY FCCU**

 Name: Shanzeah Ahmad  
Supervisor: Mohammad Vaqas Ali  
*Influence of Social and Cultural Capital on Institutional Identity of Undergraduate Students at FCCU*

 Name: Insha Fayyaz  
Supervisor: Sara Rizvi Jafree  
*Influence of social anxiety on the perceived performance of university students*

 Name: Iqra Panezai  
Supervisor: Athar Azeem  
*Exploring Socio-Cultural Barriers and its Impact On Female's Access To Higher Education in Rural Areas of Quetta*

 **DEPARTMENT OF SOCIOLOGY FCCU**

 Name: Ayesha Javed  
Supervisor: Jawad Tariq  
*Portrayal of Violence against women in Pakistani Urdu TV Dramas*

 Name: Khurram Abid  
Supervisor: Sara Rizvi Jafree  
*Relationship Between Job Satisfaction And Gender Discrimination In University Teachers Of Pakistan*

 Name: Eman Ajmal  
Supervisor: Jawad Tariq  
*Women's Laws Awareness*

 **DEPARTMENT OF SOCIOLOGY FCCU**

 Name: Muhammad Farhan  
Supervisor: Sara Rizvi Jafree  
*Early Madrassah Education and the shaping of Conservative Religious Beliefs: A Comparative Study of University Students in Khyber Pakhtunkhwa and Punjab.*

 Name: Rubab Liaqat  
Supervisor: Shermeen Bano  
*Social Media and Body Image: A qualitative study of the impact of Instagram use on body image and associated behaviors in university female students.*

 Name: Shehram Gohar  
Supervisor: Sara Rizvi Jafree  
*Role of Social Capital in motivating university students for the future and building their Self-esteem*



Name: Aiman Shahid  
Supervisor: Mohammad Vaqas Ali  
*Examining the relationship between religiosity and volunteerism among undergraduate students at a midsized university in Lahore.*



Name: Muhammad Arham Imtiaz  
Supervisor: Shermeen Bano  
*Exploring the Experiences and Challenges of Gender Non-Conforming Individuals in FCCU, Lahore.*



Name: Mansoor Ahmad  
Supervisor: Jawad Tariq  
*Attitude of university male students towards female education in Erstwhile FATA: a case study of South Waziristan KPK.*



Name: Saliha Kamran  
Supervisor: Shumaila Athar  
*'Analyzing the rise of the thrifting culture amongst female students of FCCU within an inflation ridden context: what socio-economic factors explain such a trend?*



Name: Farheen Nadeem  
Supervisor: Jawad Tariq  
*Study-Family balance in married undergraduate female students of FCCU*



Name: Fajar Zia  
Supervisor: Shermeen Bano  
*The Female Student Conceptualization, Experience of the Attitude Towards Contemporary Muslim Matrimonial Practices in Urban Pakistan*



Name: Ghayoor Abuzar  
Supervisor: Athar Azeem  
*Do children experience any behavioral changes in Broken families due to their parental divorce in central Punjab, Pakistan?*



Name: Roha Shaukat Ali  
Supervisor: Julie Flowerday  
*Relationship between work-study incompatibility and its effects on academic well-being among university students in Pakistan*



Name: Syed Fakhar Ali  
Supervisor: Sara Rizvi Jafree  
*The effect of social media use for academic learning and social anxiety in university students*



Name: Abdul Qadir  
Supervisor: Julie Flowerday  
*Identifying the various factors that influence a family's decision to educate their daughters in South Waziristan.*



Name: Numan Y. Masih  
Supervisor: Athar Azeem  
*The impact of Phubbing practices on academic procrastination among FC College students*



Name: Asad Javed  
Supervisor: Shermeen Bano  
*Interpersonal Experiences of Students with Friendship Formation in the university: A case study of FCCU*



## Postgraduate Proposals

The Department is happy to share that its first batch of MPhil students (Fall 22 Admission) have completed their thesis proposals and received approvals from the requisite bodies (Department Board of Studies, Department Ethics Review Committee, Board of Advanced Studies and Research, and the FCCU Institutional Review Board). The students are covering diverse areas of sociological research and aiming to make valuable policy recommendations for various groups of Pakistan, including women street vendors, healthcare practitioners, community health workers, emigrants, Christian youth, the transgender community, parliamentarians from Gilgit Baltistan, and informal social entrepreneurs taking microfinance loans.



**Menahil Shahid**  
presented her  
thesis proposal  
titled: "Senses  
Scattered  
Across the City:  
A Sensory  
Geography of  
Urban Life"



**Maliba Z.  
Choudhary**  
presented her thesis  
proposal title:  
"KNOWLEDGE,  
ATTITUDE,  
AND PRACTICE  
TOWARDS  
MUSLIM  
WOMEN'S  
RIGHT OF  
TALAQ-E-  
TAFWEEZ IN  
LAHORE,  
PAKISTAN"



**Hafiz Muhammad  
Umar Usman**  
presented his thesis  
titled: "Art as an  
expression of  
Lifestyle: Analyzing  
the Personal,  
Socioeconomic and  
Cultural  
Determinants of Art  
Display in Homes"



**Tayabba Shahtaj**  
presented her  
thesis proposal  
titled: "Impact of  
Microfinance in  
developing Social  
Entrepreneurship  
ventures"





Anna Yousaf presented her thesis proposal titled: "A Comparative Study of Lady Health Workers Experiences in Delivering Family Planning Services in South versus North Punjab"



Sibgha Saleem presented her thesis proposal titled: "Breaking Barriers: Improving Access to Inclusive Healthcare for Lahore's Transgender Community"



Amber Bajwa presented her thesis proposal titled: "Exploring the Relationship between Educational Inequalities and Mental Health in Christian Youth of Pakistan"



Beenish Fatima presented her thesis proposal titled: "A Phenomenological Exploration of Empowerment Dynamics among Women Out-earning Their Husbands"



Ravail Hassan presented her thesis proposal titled: "Exploring the Challenges and Coping Strategies faced by Women Street Vendors in Northern Punjab, Pakistan"



Amira Fatima presented her thesis proposal titled: "Socio-cultural barriers that impact women's political participation in Gilgit Baltistan"



Hasnain Bilal presented his thesis proposal titled: "Boarding a Donkey Flight: Investigating push and pull factors behind irregular emigration from Pakistan to European Countries"



Khadija Mazher presented her thesis proposal titled: "The relationship between social mobility and professional commitment in women doctors of Punjab"



Khezran Aamer presented her thesis proposal titled: "The meaning of community in Urban Development: A case study of Dha Multan and the Panjam Community"

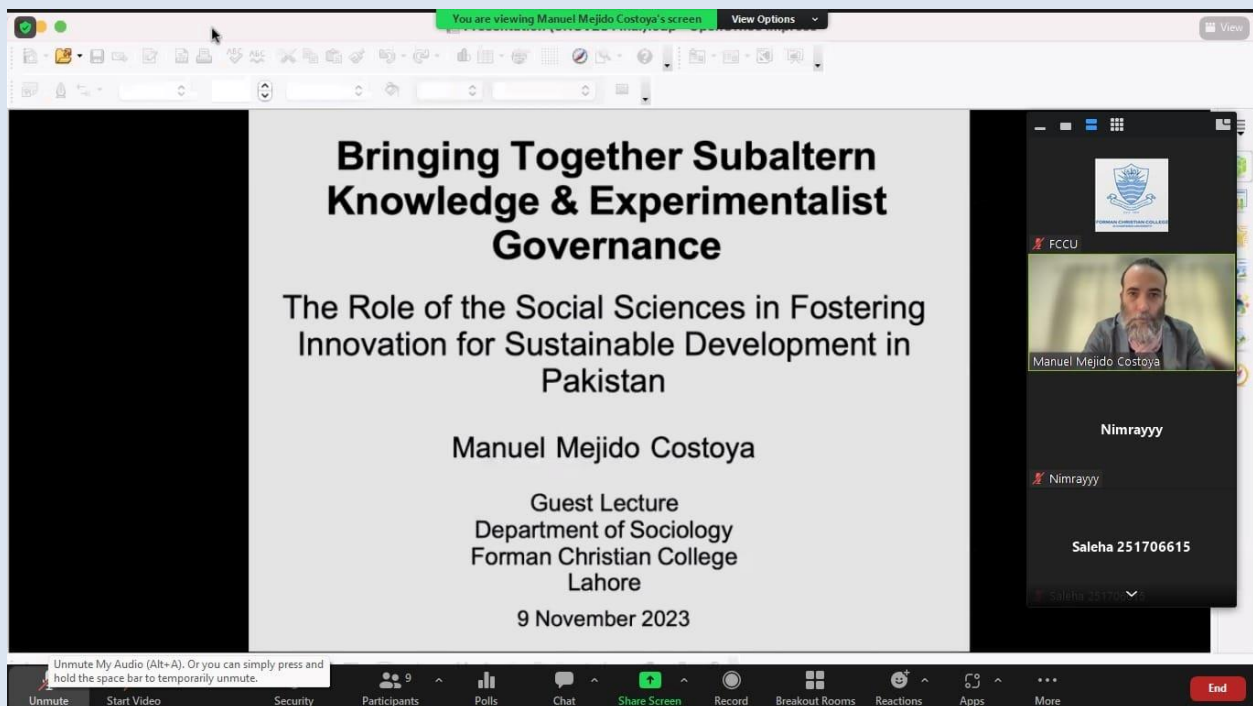
## SEMINARS AND WORKSHOPS

### Webinar on Subaltern Knowledge and Experimentalist Governance in Pakistan'

The Department of Sociology hosted a webinar on 9<sup>th</sup> November '23 led by **Dr. Manuel Mejido Costoya**, titled: “Bringing Together Subaltern Knowledge and Experimentalist Governance: The Role of the Social Sciences in Fostering Innovation for Sustainable Development in Pakistan”.

Dr. Costoya is currently a visiting Professor in the School of Sociology, Quaid-e-Azam University, Islamabad. This talk was coordinated by Dr Jawad Tariq and moderated by Ms. Shermeen Bano to support students and their learning journey. The recording of the session can be found on the following link:

<https://youtu.be/Cxij2dlwSHY>



The screenshot displays a Zoom webinar interface. The main content area shows a presentation slide with the following text:

**Bringing Together Subaltern Knowledge & Experimentalist Governance**

The Role of the Social Sciences in Fostering Innovation for Sustainable Development in Pakistan

Manuel Mejido Costoya

Guest Lecture  
Department of Sociology  
Forman Christian College  
Lahore

9 November 2023

On the right side of the interface, there is a vertical list of participants:

- FCCU (with a logo)
- Manuel Mejido Costoya (with a video thumbnail)
- Nimrayyy
- Nimrayyy
- Saleha 251706615

The bottom of the interface shows a control bar with various icons and a red 'End' button. A notification at the bottom left reads: 'Unmute My Audio (Alt+A). Or you can simply press and hold the space bar to temporarily unmute.'

## Basic Training to use STATA

The Forman Sociological Society and the Department of Sociology held a Basic training to use STATA" by **Dr. Humna Ahsan**, (Assistant Professor, Department of Economics) on 28<sup>th</sup> February 2023). This session was held based on industry demand for students to have both SPSS and STATA skills for better recruitment opportunities. Registered participants were awarded a certificate of participation and the recording of this session is also available to serve as a valuable resource for students and faculty who want to use STATA for statistical analysis and social research but could not attend the session.

Link 1:

<https://youtu.be/hwG9vdRMW18>

Link 2:

<https://youtu.be/XJBnmzaWTCQ>



## Workshop on Proposal Writing

The Sociology Department arranged a workshop on 9<sup>th</sup> August '23 on proposal writing for Undergraduate students. **Ms. Syeda Amna Hassan** conducted the session. Her experience as a Lecturer at the Information Technology University, Lahore, Pakistan, and as an administrator and researcher at Safer Society for Children (a child sexual abuse prevention program) made her session valuable for students and attendees.

Moreover, Ms. Hassan shared key tips on how to win grants through proposal writing, based on her winning proposal with National Geographic, which looks at the human cost of high-altitude snow avalanches and glacial lake outburst floods (GLOFs) in Northern Pakistan.

**PROPOSAL  
WRITING  
WORKSHOP FOR  
UNDERGRADUATE  
STUDENTS**

9TH, AUGUST 2023  
**1PM TO 2PM**  
ONLINE

**REGISTER**

LINK IN BIO

FORMAN CHRISTIAN COLLEGE

FORMAN SOCIOLOGICAL SOCIETY

SYEDA AMNA HASSAN - JOURNALIST



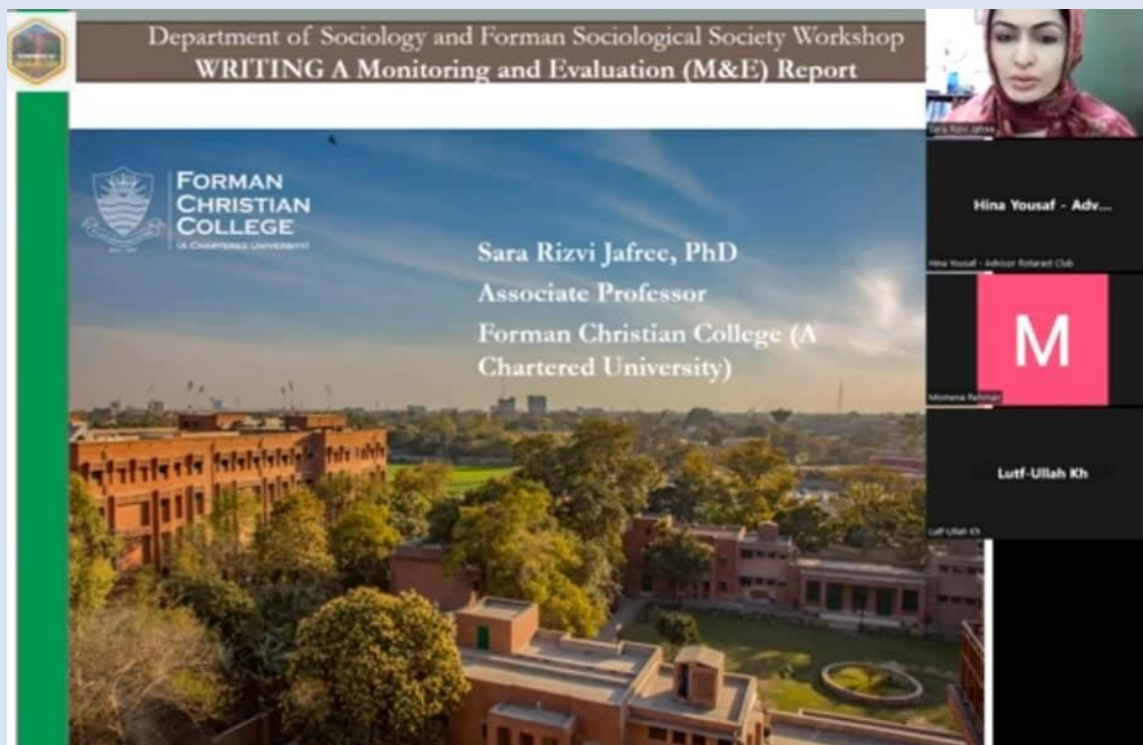
## Workshop on writing a M&E Report

The Department of Sociology held a workshop to train students on how to write a Monitoring and Evaluation (M&E) Report, based on industry demand (15<sup>TH</sup> May 2023). The aim was to support students and other participants to build their skill-set and gain better opportunities for job placements and professional advancement. A total of 41 participants attended the workshop, which was conducted by **Dr. Sara Rizvi Jafree** (Associate Professor, Department of Sociology). Reading material, a template to complete an M&R, and a certificate of participation were provided to registered participants.

The recorded links can be found on:

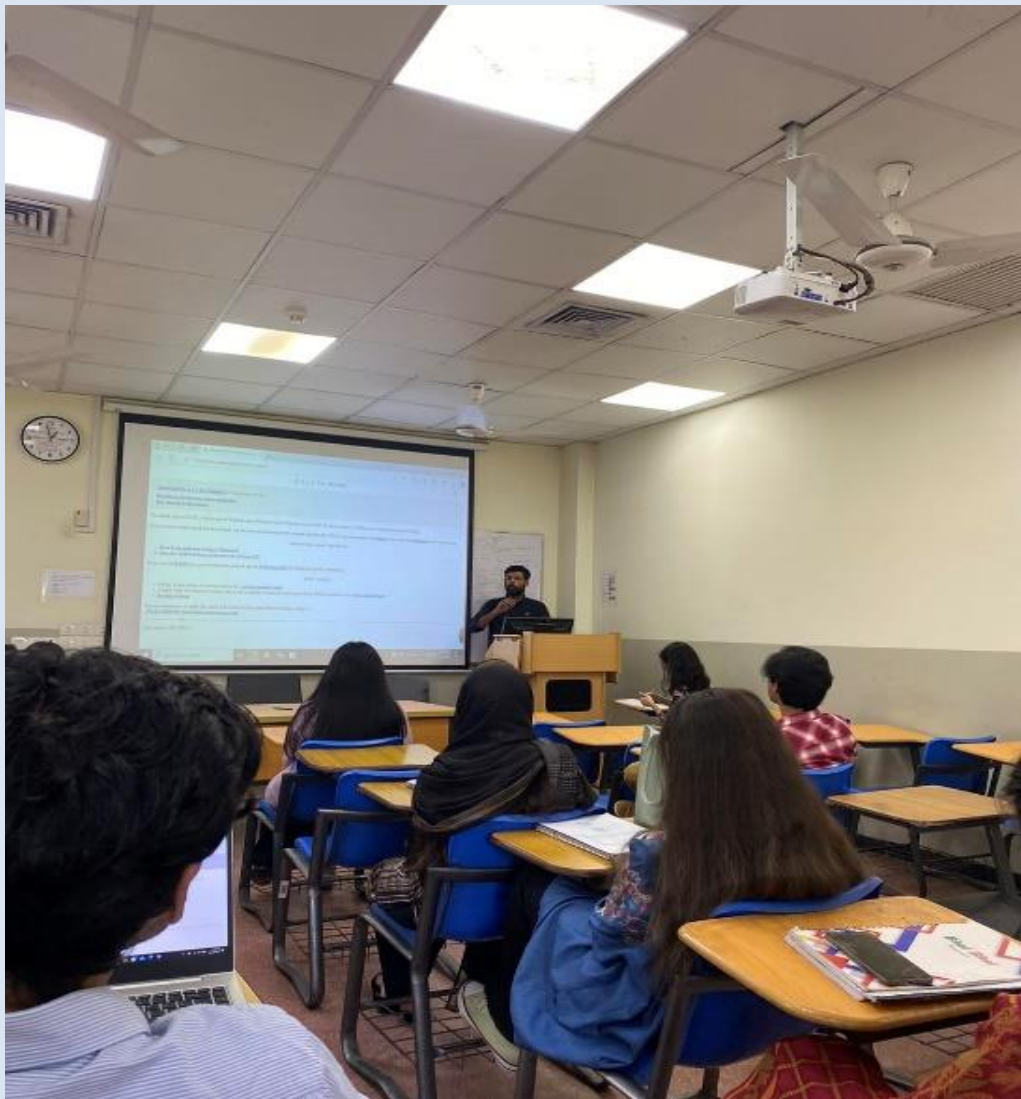
[https://youtu.be/oRrmrTi5D\\_0](https://youtu.be/oRrmrTi5D_0)

<https://youtu.be/FbAIGqnOSYY>



## Seminar on Data Analysis with R

The Sociology Department, in collaboration with the Formal Sociology Society, hosted a seminar titled "Data Analysis with R," on 13<sup>th</sup> November 2023, led by **Dr. Jawad Tariq** (Associate Professor, Department of Sociology). The seminar was attended by both graduate and undergraduate students and E-Certificates were distributed to all participants. The aim was to support students to gain an additional skill for data analysis and make them more competitive in the job market.



## Seminar on Best Practices for Job Interviews

The Department of Sociology and the Forman Sociological Society hosted a session with **Ms. Saman Tariq**, Marketing and Communications Lead at CERP, titled "Best Practices for Giving Job Interviews" (5<sup>TH</sup> April 2023). The session provided students with important guidelines, skills, and tools for standing out in job interviews. The session included a Q&A session in which students sought advice from Ms. Tariq and gained feedback about hiring search committee's criterion and best practices during interviews and recruitment.





## COMMUNITY SERVICE

### Tree Plantation Drive

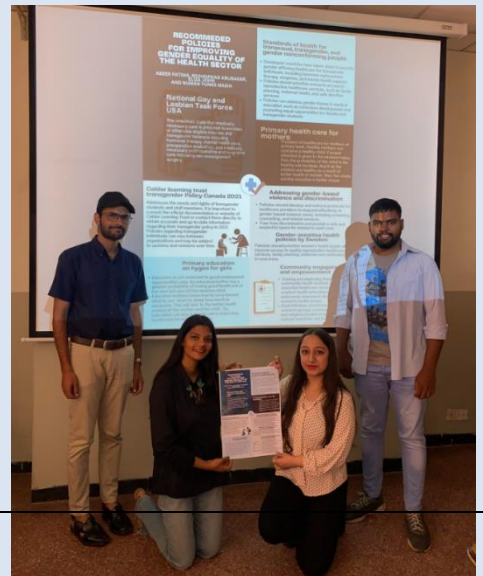
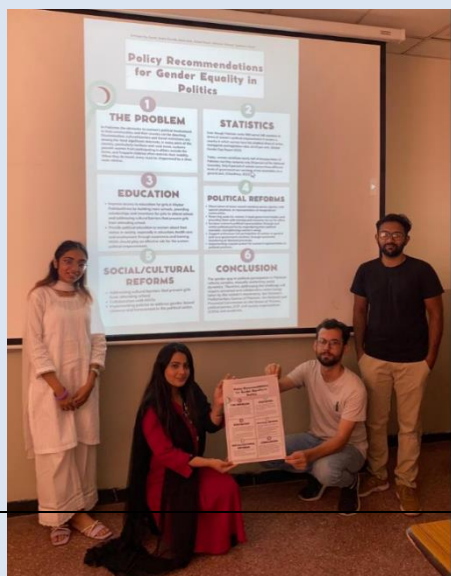
The Department of Sociology collaborated with the Forman Sociology Society with the aim of giving back to the environment (19<sup>th</sup> September 2023). **Dr. Shamaila Athar** (Assistant Professor, Department of Sociology) led the initiative and organized a plantation drive with faculty and students. This collaborative effort not only symbolized the power of unity but also demonstrated the department's commitment to environmental conservation, and a greener and more sustainable future for all. **Dr. Addeleton** was the chief guest and inaugurated the tree planting ceremony.





## Awareness Posters to reduce Gender Inequality

The Sociology of Gender class (Spring 23) presented posters of their final course paper, which aimed to raise awareness to reduce gender inequality through culturally relevant social policy. Students collected literature from the developed and developing nations about social policy recommendations to improve gender equality across the following sectors: **Family & Housing, Health, Employment (formal & informal) Environment & Disaster Mgt., Political System and Legal System.** We are proud of their efforts and progress this semester and are happy to impart that they have worked and learned from this course in a progressive manner, seeking solutions to gender inequality issues in Pakistan, rather than focusing only on the problems and challenges. The posters were disseminated on social media and are also displayed in the office window of E123- instructor **Dr. Sara Rizvi Jafree** (Associate professor, Department of Sociology).



## Clothing Drive

**Dr. Shamaila Athar** (Assistant Professor, Department of Sociology) conducted a clothing drive for the needy and underprivileged with her class of SOCL 101 (Introduction to Social Work) and the Forman Sociology Society, under the initiative to fulfil student learning goals for community service (September 2023). The donations have been handed over to Akhuwat Foundation for further distribution to disadvantaged communities across Punjab.



## FACULTY NEWS

### Thank you Dr Julie Flowerday

Dr Julie Flowerday (Professor, Department of Sociology) will be leaving her teaching role at FCCU to complete her book and other research work. Though Fall 2023 was her last teaching semester, we are happy to share that she will remain an affiliate member of the department, and support the department in advisory matters and in giving online guest lectures to students registered in anthropology courses.

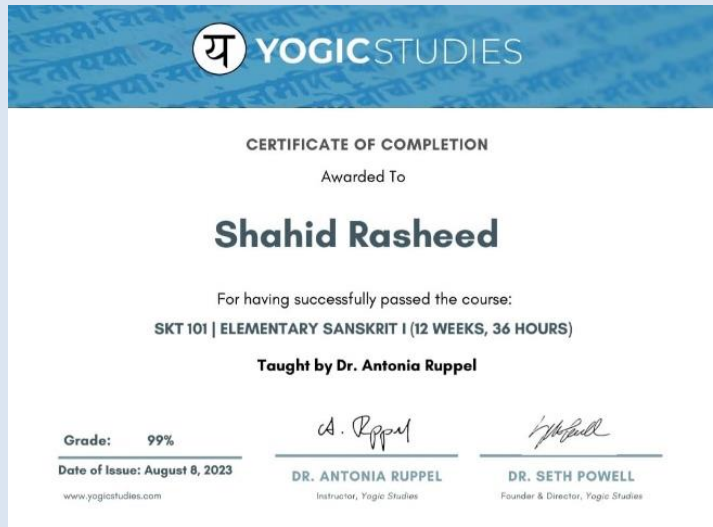
The Dean of Social Sciences, Professor Dr. Sikandar Hayat, and the department faculty held a tea to celebrate her achievements, thank her for all her contributions and support to the students and faculty, and to wish her well for her research.





## South Asian Languages (Dr. Shahid Rasheed)

We are proud to share that **Dr. Shahid Rasheed** (Assistant Professor, Department of Sociology) who has previously studied and learned classical Arabic and Persian, has now earned a diploma in Hindi, a certificate in Gurmukhi and, a certificate in Sanskrit. We look forward to him leading courses and workshops to train the students in different languages which are an important aspect of understanding the culture of our region and improving tolerance and respect.





## Capacity Building Workshop (Dr. M Vaqas Ali)

We are happy to share that Dr. M. Vaqas Ali (Assistant Professor, Department of Sociology) conducted a “Capacity Building Workshop” (27<sup>th</sup> October 2023) for the FCCU campus security force to support them in developing institutional and operational capabilities. This workshop was designed in accordance with the directives of the Self-Institutional Performance Evaluation (IPE) by HEC, on the topic of “Effective Communication Skills exclusively for the FCCU Campus Security Personnel”. Colonel Khaqan Mahmood held a ceremony to thank and present a token to Dr Vaqas for supporting his department.



## Travel Grant (Ms. Shermeen Bano)

We are happy to share that **Ms. Shermeen Bano** (Lecturer, Department of Sociology) received a travel grant by the Great Lakes College Association (GLAA) to attend the [Challenging Borders in Domestic and International Human Rights](#) conference, Albion College (Michigan, USA) April 30 - May 2, 2023.



## A BIG Welcome to the FCCU Family (Ms. Sana Shahid)!

The Department of Sociology welcomes **Ms. Sana Shahid** to the team as a Lecturer! She has joined us from Fall 2023. Ms. Sana Shahid holds an MPhil in Sociology (Institute of Social and Cultural Studies, University of the Punjab), and is dedicated to scholarly pursuits in understanding societal dynamics, specifically related to the family structure.

Prior to her MPhil, she completed her BS Honors in Human Development and Family Studies from the University of Home Economics. She has five years of experience at Lahore Business School, University of Lahore. Ms. Sana also has extensive administrative experience including: being a batch head, member of admission team, member of disciplinary committee, Secretary student affairs office, and Deputy cluster head.





## NRPU HEC Grant Update

**Dr Sara Rizvi Jafree** (Associate Professor, Department of Sociology) has completed one part of the NRPU HEC project (“Evidence based Intervention to improve Social Policy for Maternal and Child Health”), with her team (faculty and student research assistants). The project involved a community needs assessment and found that primary health services for maternal and child health are adversely affected by: (i) poor housing quality & sanitation; (ii) inadequate food supply & safety; (iii) unsatisfactory public sector school services; (iv) lack of safety and security; (v) scarce poverty alleviation efforts & loan schemes; (vi) unsatisfactory transport & internet services; and (vii) inadequate health services. The study recommends close coordination between the primary health sector, local governance, and macro state structures, which collectively must monitor and improve housing adequacy, food security, public sector services (primary healthcare services, public schooling, public transport, and public internet access), overall safety, and poverty emergence. The study can be found open access, with supplementary material and images of community assessment on: <https://www.mdpi.com/2227-9032/11/15/2224>

**File S3: Pictures of data collection sites showing the living conditions of the community**



*Image 2: Building obstruction on public streets and the state of garbage disposal; community images as at February 2023.*



## Research on Afghan Families seeking Healthcare

**Ms. Tehniyat Fatima** (Lecturer, Department of Sociology) presented the preliminary findings of her ongoing research titled “Challenges faced by Afghan Cancer Patients’ Attendants in Pakistan” at the 5th Conference on Marginalized Populations, on 29<sup>th</sup> November ’23.

Her talk highlighted the issues that medical tourists from Afghanistan face in navigating the health system in Pakistan, particularly for cancer treatment and helped to create awareness about medical tourism in Pakistan and the support minority and visiting groups need while seeking health services in the country.



## ALUMNI/STUDENT NEWS

### Zara Imran

**Ms. Zara Imran** has graduated magna cum laude and also won the 'Syed Ali Rizvi Medal (UG)'; which is awarded annually to a UG Sociology student who writes an outstanding independent research project in the discipline of Sociology and has secured a high CGPA in the batch (3.8 and above).



### Tehreem Sajjad

**Ms. Tahreem Sajjad**, major in Sociology, has published her research in an HEC approved reputable journal: International Journal of Natural Medicine and Health Sciences. The study addresses a lesser explored area: "*The health awareness and social challenges facing youth of Pakistan engaging in body piercing and tattoos*", with strong recommendations for the health sector, education sector, and the family setup. The study is open access to read on:

<https://journals.iub.edu.pk/.../ijnms/article/view/1878/1120>





## Ahmad Aziz

Our alumni, **Ahmad Aziz** (Major in Sociology 2020), has gained an honorable position as Sub Inspector in Punjab Police- Batch 7, after clearing the requisite steps and exams of the Punjab Public Service Commission.



## Beenish Fatima

Our MPhil student Ms. Beenish Fatima has published a relevant and timely piece in a prestigious leading newspaper. We are so proud of her contribution and her effort to highlight the plight facing citizens due to inflationary pressures. You can read the article online:

<https://tribune.com.pk/.../food-water-taxes-now...>



## Surteel Ali Siqqi

Our alumni **Ms. Surteel Ali Siddiqui** is the newly appointed Socio Editor of Bayan Journal, which aims to fill the gaps in legal scholarship on human rights and women's issues with regards to laws and legal practice in Pakistan, and help provide rights oriented and equity based perspectives.



## Maliha Chaudary

**Ms. Maliha Choudhry**, our MPhil student, has published an article in a leading newspaper on health services. The title and link are as follows: "Exploiting the Miseries"

<https://en.dailypakistan.com.pk/.../exploiting-the-miseries>



## Muhammad Lutf-ullah Khan

**Muhammad Lutf-Ullah Khan**, who is completing a minor in Sociology and holds a certification in Demography & Population Studies from the Population Research Center (PRC), FCCU, has, after a rigorous selection process, gained the position of a Research Intern in the Policy Advisory Cluster of CERP.



## Ayesha Shingruf

Our alumni **Ms. Ayesha Shingruf** was successful in gaining admission in SOAS, London, to pursue her MS in Human Rights Law. Post-graduation she is now working in environmental, social, and corporate governance and has published the following papers in reputable international journals, showcasing the research skills she has learnt in her UG years:

1. Mbah, M. F., Shingruf, A., & Molthan-Hill, P. (2022). Policies and practices of climate change education in South Asia: towards a support framework for an impactful climate change adaptation. *Climate Action*, 1(1), 1-18.

<https://www.nature.com/articles/s44168-022-00028-z>



2. Marcellus F. Mbah, Megan Bailey & Ayesha Shingruf (2023) Considerations for relational research methods for use in Indigenous contexts: implications for sustainable development, International Journal of Social Research Methodology, DOI: 10.1080/13645579.2023.2185345 <https://www.tandfonline.com/.../10.../13645579.2023.2185345>



### **Erum Imran Syed**

Our alumni **Ms. Erum Imran Syed** is working at Astiostech in Malaysia as a Culture, Marketing and Product Evangelist. She is an accomplished Product Manager with a proven track record of recruiting top-tier talent, improving employee productivity and satisfaction, and optimizing game development phases to achieve long-term KPIs. Her expertise also lies in facilitating seamless communication and alignment between multiple cross-functional teams and placing efficient project progress tracking systems using project management tools.



## FACULTY RESEARCH

Faculty members of the Department of Sociology- **Dr. Shamaila Athar, Prof. Athar Azeem, Dr. Jawad Tariq, and Ms. Sana Shahid**- have published their recent work in the Review of Applied Management and Social Sciences (HEC approved journal). The article is titled: Family, Autonomy, Health, Financial Satisfaction, and Luck as key predictors of Happiness: Evidence from secondary analysis of World Values Survey Pakistan 2018.

The study can be found on the following link: <https://doi.org/10.47067/ramss.v6i2.345>



FORMAN CHRISTIAN COLLEGE  
(A CHARTERED UNIVERSITY)

# Celebration Of Faculty Reserch 2023

	<b>Shamaila Athar</b> Assistant Professor, Department of Sociology, Forman Christian College (A Chartered University), Lahore, Pakistan
	<b>Jawad Tariq</b> Assistant Professor, Department of Sociology & Coordinator, Population Research Center, Forman Christian College (A Chartered University), Lahore, Pakistan
	<b>Athar Azeem</b> Assistant Professor, Department of Sociology, Forman Christian College (A Chartered University), Lahore, Pakistan
	<b>Sana Shahid</b> Lecturer, Department of Sociology, Forman Christian College (A Chartered University), Lahore, Pakistan

**Department of Sociology**

**Article:**  
Family, Autonomy, Health, Financial Satisfaction, and Luck as key predictors of Happiness: Evidence from secondary analysis of World Values Survey Pakistan 2018

## Dr. Sara Rizvi Jafree

**Dr. Sara Rizvi Jafree** (Associate Professor, Department of Sociology) has published her book ‘*Social Policy for Women in Pakistan*’ (Palgrave Macmillan, 2023). The e-book can be found on: <https://link.springer.com/book/10.1007/978-3-031-32863-3>

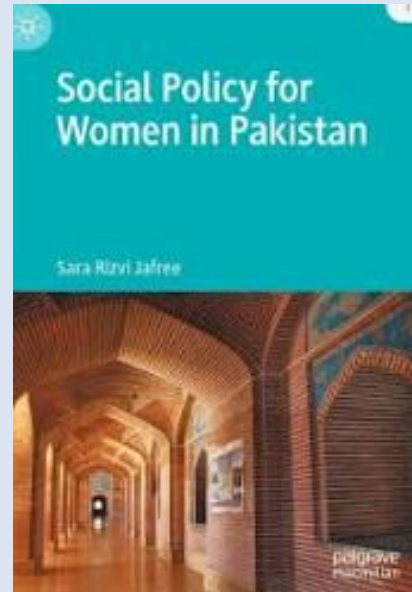
### *Book Reviews:*

#### 1. LSE BOOK REVIEWS

<https://blogs.lse.ac.uk/lsereviewofbooks/2023/11/03/book-review-social-policy-for-women-in-pakistan-sara-rizvi-jafree/>

#### 2. DOING SOCIOLOGY BOOK REVIEW

<https://doingsociology.org/2023/12/21/social-policy-for-women-in-pakistan-by-sara-rizvi-jafree-2023-a-review-by-adhvaidha-kalidasan/>



### *Select Endorsements:*

“This book addresses a significant gap on the topic of policy making focused explicitly on the needs of women. It is highly accessible and comprehensive, and will be an important resource for practitioners, policy makers and wider stakeholder’s seeking to improve the health and social care of women, particularly in low and middle income countries”.

**Professor Jane Barlow**, Chair of Evidence Based Intervention and Policy Evaluation at the Department of Social Policy and Intervention, University of Oxford.

“Dr. Jafree’s deep knowledge and understanding of Pakistani culture and European-style social policy makes her analysis and proposals truly international. Her arguments for a redistributive social policy are evidence-based.”

**Professor Anne Power**, Department of Social Policy, London School of Economics, UK

"Packed with data-driven analyses of key policies, this book argues for comprehensive social policy for women in Pakistan. While it serves as a handbook on the status of women in Pakistan that advances a vision of equity, it also has relevance for policy design within a framework of pluralism that characterizes the rest of South Asia and beyond. It brings welcome classroom material to a variety of disciplines."

**Dr. Anibel Ferus-Comelo**, Director of Community-Engaged Academic Initiatives, Director, Labor Studies Program at UC Berkeley



**Dr. Sara** also contributed to a chapter (Women and Minorities) in a book Edited by Dr. Sikandar Hayat, Distinguished Professor of History and Dean of Social Sciences, '*Pakistan Studies: A Book of Readings*,' published by Sang-e-Meel Publications, Lahore (2023).

The book was launched on 6<sup>th</sup> March 2023 at FCCU and has become an important resource for students and scholars. The book is available for order on Sang-e-Meel site, and also in select stores, and is available on discount at the FCCU library:

<https://sangemeel.shop/products/pakistan-studies-a-book-of-readings-sikandar-hayat>



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