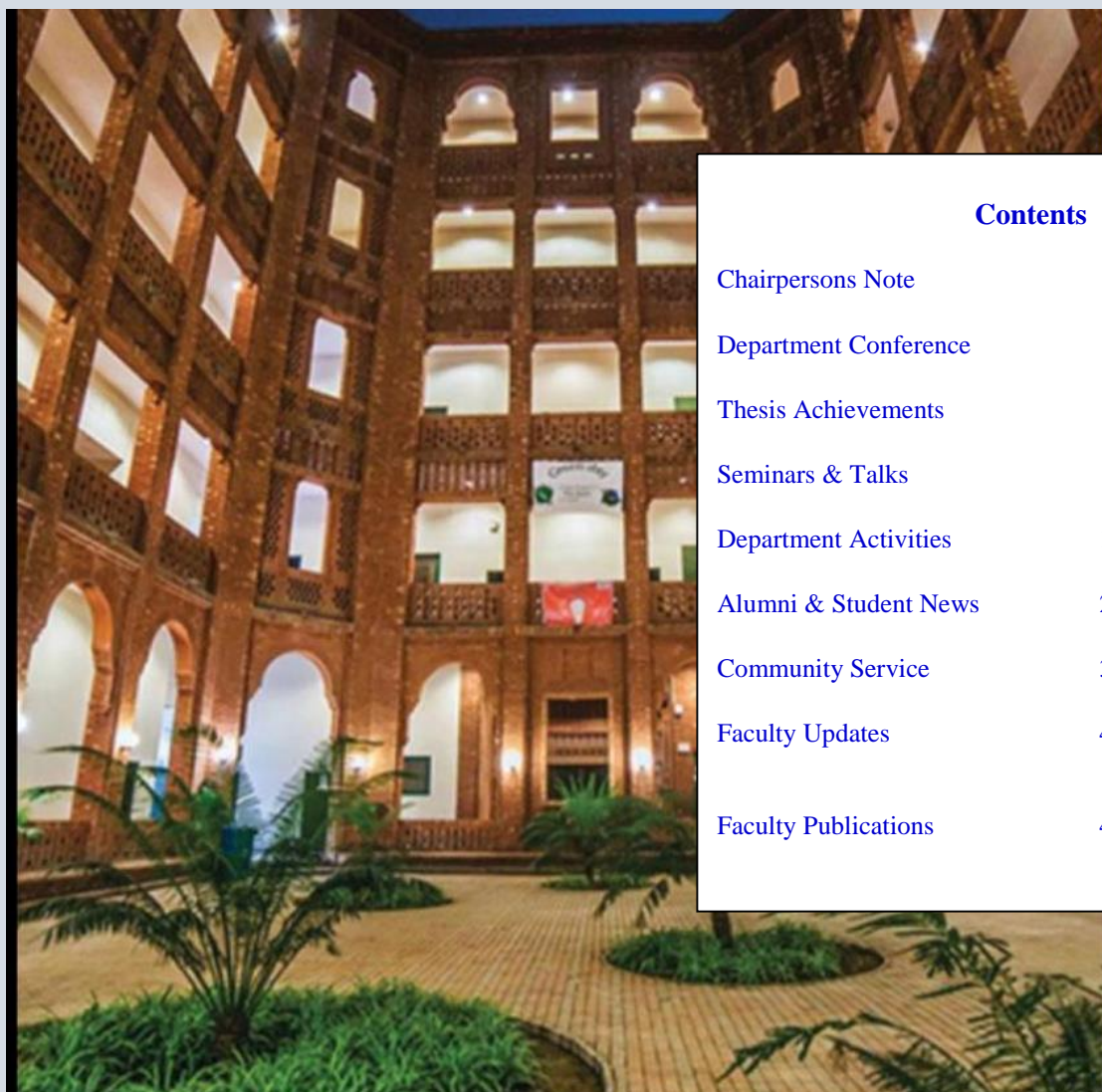


DEPARTMENT OF SOCIOLOGY

NEWSLETTER 2024



Contents

Chairpersons Note	2
Department Conference	3
Thesis Achievements	4
Seminars & Talks	9
Department Activities	17
Alumni & Student News	23
Community Service	36
Faculty Updates	40
Faculty Publications	47

Chairperson's Note

I'm very happy to share the fourth department newsletter, showcasing the achievements and hard work of the FCCU Department of Sociology- faculty and students. Like last year, we have several milestones to share including the successful submissions and presentations of our Undergraduate and MPhil thesis students, direct links to our student publications, and updates about alumni job placements and winning reputable scholarships. We were sad to bid farewell to two faculty members- Dr Jawad Tariq, who left to pursue a job with the government, and Ms. Shermeen Bano, who left to pursue her PhD. We are however, elated to have Dr Grace Clark back in the department and also welcome two new competent faculty members- Dr Aaisha Amjad and Mr. Ammar Yasir. We have continued several traditions such as the annual conference on marginalized populations (with publication of the abstract booklet); the thesis poster exhibition (with publication of the poster booklet); and submitting our final theses on the department website- all of which I hope will continue in coming years as a testimony to our collective efforts and which can be shared as links on our student's CVs as evidence of the quality of their work. I am grateful that I shall still be here as a faculty member, however, I would also like to take this opportunity to thank my Dean, colleagues, and students as I have taken the decision to bid farewell to my role as Chair and Editor of FJSS this year to spend more time with my mother and children. Lastly, this newsletter is only a snapshot of all the contributions made by faculty and students in 2024 and I am so proud of everyone.

Dr Sara Rizvi Jafree

Chair Department of Sociology (Fall 2021-Fall 2024)



Annual Department Conference

The Department of Sociology conducted its 6th Conference on Marginalized Population on 11th December, 2024. The conference covered four major thematic areas: I. Marginalization of Females in the Education Sector; II. Climate Change and Conflict-led Marginalization; III. Health & Safety Marginalization; and IV. Marginalization of Ethnic and Religious Minorities.

Our honorable speakers included:

1. Dr. Lubna Razaq (University of the Punjab)
2. Dr. Sarosh Iqbal (University of Management and Technology)
3. Dr. Asma Yunus (University of Sargodha)
4. Dr. Iram Rubab (University of Home Economics)
5. Dr. Saima Majeed (FCCU)
6. Dr. Aaisha Amjad (FCCU)
7. Ms. Amber Bajwa (Bargad Organization for Youth Development)
8. Ms. Rozina Begum (National College of Arts)
9. Dr. Subah Mir (FCCU)
10. Dr. Sonia Omer (University of the Punjab)
11. Dr. Farah Said (Lahore University of Management Sciences)

From gender-based violence and health disparities to climate change, women's empowerment, and mental health- the presentations covered a wide range of issues affecting marginalized groups in Pakistan, with powerful recommendations for policy and social change. The recording of the conference can be found on the following link: <https://youtu.be/o5QXKvZpoA>



Thesis Achievements

Sociology Undergraduate Majors Present Final Findings for Thesis Review

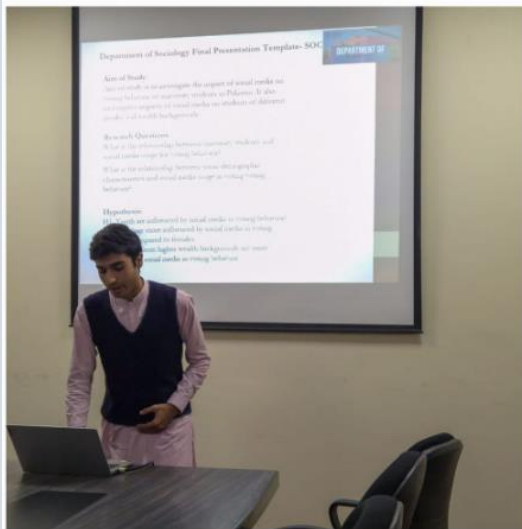
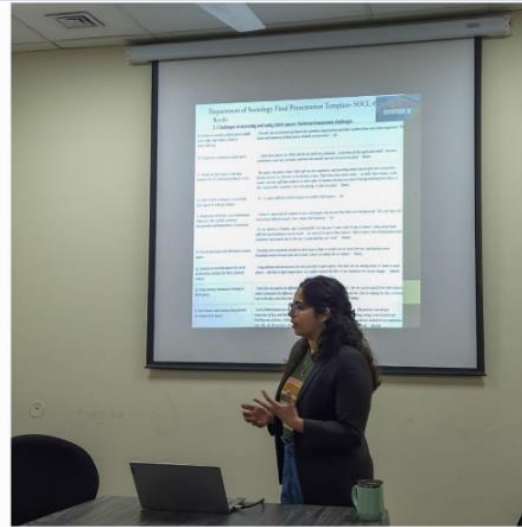
The Department of Sociology is happy to share that their majors (Fall 2024, SOCL 499 Thesis Group) presented their thesis findings and concluding recommendations to the faculty and their peers for feedback so they could prepare their final theses files for controller office submission and external review.

Twelve of the students collected primary data and two have done content analysis. The topics range from the use and impact of AI on student academic performance, challenges facing rural student migrants, needs of students accessing third spaces, voting engagement of youth who use social media for political awareness, maternal health literacy of young urban women, barriers to wellbeing facing agricultural & informal workers, and other relevant topics to Pakistan's development.

We are also happy to share that the final theses can be found online on the department thesis repository: <https://www.fccollege.edu.pk/departments-of-sociology/>



The Department of Sociology is extremely grateful to the following respected Professors for being external thesis examiners and providing their valuable time and feedback to improve the students work: Dr Tayyaba Sohail; Dr Rahla Rahat; Dr Noveeda Noreen; and Dr Muhammad Ramzan.



Celebrating Thesis Success: Batch 2023

The Department of Sociology held a prize distribution ceremony and tea for the majors who have completed their thesis- batch 2023. Special thank you gifts and certificates of acknowledgement were given to the thesis class representatives for 2023: Ms. Shanzeh Ahmed and Mr. Khurram Abid, who did a great job in keeping the thesis students on target for timely submissions.

The 2023 batch also spoke to the 2024 thesis batch and shared tips for quality thesis submissions and developing a research topic with sociological significance. We wish them the best and look forward to their publications in HEC approved academic journals.



ORIC Thesis Poster Presentations

On 8th March 2024 the Department of Sociology Undergraduate and MPhil students presented their thesis posters in E Square to faculty, peers, and external evaluators.

They were lucky to discuss and present their work to senior researchers and visitors which gave them a chance to develop their communication skills and also gain constructive feedback.

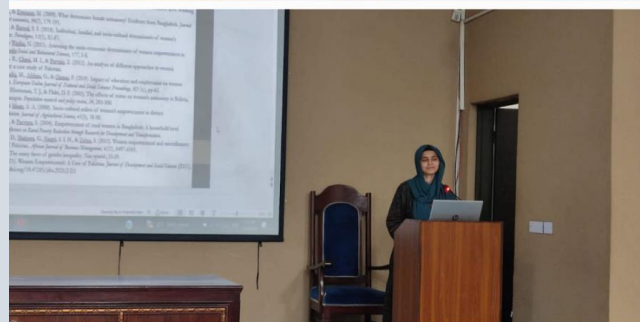
Forman Sociology Society hosted the event under the supervision of the department faculty, and did an excellent job covering the event and managing logistics.

We thank everyone who came and supported the students, appreciated their work, and contributed to the research culture at FCCU.



External Review of Postgraduate Theses

The first MPhil batch of the Department of Sociology successfully defended their theses before external evaluators on May 10th 2024. We are grateful to the external experts- Dr. Fouzia Sadaf, Dr. Qaisar Khalid Mehmood, Dr. Imran Ibrahim, and Dr. Jafar Ria, for their time and valuable feedback to students to improve their work including. We look forward to sharing more updates on our students' academic journal publications and job placements soon.



Seminars and Talks

Guest Lecture by Dr. Joel Gordon- Exploring Art and Social Change in Egyptian History

The Department of Sociology, under the kind patronship of Dean of Social Sciences Distinguished Professor Dr. Sikandar Hayat, under the scholar-in-residence program, hosted Dr. Joel Gordon as a guest lecturer for the course “Sociology of Art and Culture” taught by Ms. Tehniyat Fatima (Lecturer, Department of Sociology).

Dr. Gordon is a Professor of History and the Director of Middle East and Islamic Studies at the University of Arkansas, USA. He is a political and cultural historian of modern Egypt and the Middle East. He teaches and writes about political change, the intersection of public and popular culture, historical memory and nostalgia, and religious and secular cross-currents, with emphasis on cinema, music, and mass media.

During his lecture Dr Gordon contributed significantly to student’s learning, providing them with a deeper understanding of the sociological linkages between art and social change in the context of Egyptian history. Dr. Gordon elaborated on the role of Art as resistance in the times of social and political transformations. He shared pictures of Graffiti on walls of Egyptian streets and explained how the images reflected different power dynamics embedded in Egyptian culture. The students found the sessions very informative and engaged openly in discussion with the speaker.



Masterclass on Publishing Research in International Journals by Dr. Joel Gordon

The Department of Sociology, the Forman Sociology Society, the Research Review Club and FCCUs Center for Learning & Teaching collaborated to host a session by Dr. Joel Gordon on "Key Tips for Publishing Research in International Journals" on 26th February 2024.

During the session Dr. Gordon offered invaluable insights into the complex world of academic dissemination. From manuscript preparation to navigating peer review, participants- which included faculty, and UG and MPhil Sociology students- gained practical strategies for enhancing scholarly impact and reaching a global audience. Dean of Social Sciences and Distinguished Professor Dr. Sikandar Hayat delivered the welcome note, emphasizing the importance of disseminating research through quality International Journals, and the Rector Dr. Addleton was the Chief Guest for the session, which ended with an informative and engaging Q&A session.



Seminar on "De-colonization" by Raheem-ul-Haqq

A seminar on "De-colonization" was held on March 11th 2024, featuring Mr. Raheem-ul-Haqq (Assistant Professor, Centre for Public Policy & Governance). Drawing insights from his book *De-securitize, De-colonize, Industrialize: A Manifesto for Structural Reforms*, Mr Raheem-ul-Haqq delivered an enlightening session on structural reforms. This talk was hosted by Forman Sociology Society.



FORMAN SOCIOLOGY SOCIETY

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A Talk On

DE-COLONIZATION

De-securitize, De-colonize,
Industrialize: A Manifesto for
Structural Reforms

Monday
11th March 2024

Time
1:00 PM to 2:00 PM

Venue
Room E-001

Raheem-ul-haqq
ASSISTANT PROFESSOR
& PHD SCHOLAR

FCCU STUDENT ACTIVITIES OFFICE

A talk on the importance of social policies in ensuring better health outcomes

On 25th March 2024, Dr. Gul e Rana (Professor of Obstetrics and Gynecology, Services Hospital, Lahore, Pakistan) spoke to two classes of the Department of Sociology being taught by Dr Sara Rizvi Jafree, Associate Professor, Department of Sociology (Introduction to Social Policy and Social Statistics) on: “The Importance of Social Policies in ensuring Better Health Outcomes”.

Dr. Gul e Rana’s talk highlighted the need for public-friendly and culturally-sensitive social policies which need to be delivered at local governance level within communities. She gave an example of how low literacy and poverty prevented women from following-up from the primary health sector to tertiary sector for maternal and child health needs, ultimately contributing to high maternal and child mortality trends in the country. She argued that better social policies such as health vouchers, transport facilities, and health literacy interventions are needed.



Seminar on ‘Exploring Disability in Society’

On February 14th 2024, the Forman Sociology Society hosted an enlightening seminar with Mr. Shafique ur Rehman, President of Milestone Society. The discussion shed light on perspectives and created awareness about disability in society. There was an engaging Q&A session after the talk, which brought together key points for inclusion in universities and the employment sector, such as assigning quotas, equal pay opportunities, inclusive infrastructure and access in buildings, and flexible work options.

The poster is for a seminar titled "Talk to Talk: Understanding Disability in Society". It features a circular inset photograph of Mr. Shafiq Ur Rehman, President of Milestone Society, holding a framed certificate. The background is dark blue with light blue and yellow circular accents. Logos for Forman Christian College, Forman University, and the Student Activities Office are at the top. The date and time are Feb 14, 2024, 1:00 to 2:00 PM, and the location is E-137.

FORMAN CHRISTIAN COLLEGE
A FORMAN UNIVERSITY COLLEGE

FORMAN UNIVERSITY

STUDENT ACTIVITIES
SAO OFFICE

Talk to Talk

**UNDERSTANDING
DISABILITY IN
SOCIETY**

with:
M. SHAFIQ UR REHMAN
(*president of
Milestone Society*)

**Feb 14, 2024
1:00 to 2:00 PM**

E-137

Seminar on Tracing Opportunities for Sociology Students in the Government Sector

On April 25th, 2024, the Forman Sociology Society hosted an enlightening seminar titled "Tracing Opportunities: Sociology Students in the Government Sector." The session was led by Ms. Tajwar Saeed (Officer, Water and Sanitation Agency) and Ms. Mahnoor Cheema (Assistant Secretary, Punjab Bait-ul-Maal), who shared valuable insights into career paths for sociology students within the government sector.

The poster features a dark blue background with white and light blue wavy lines. At the top, there is a photograph of a woman looking at a tablet. Below this, the title 'JOB OPPORTUNITIES FOR SOCIOLOGY STUDENTS IN GOVERNMENT SECTOR JOBS' is written in white capital letters. To the right of the title is a circular portrait of Ms. Tajwar Saeed. Below the title, the text 'Explore the vast array of job opportunities available for sociology students within the government sector' is written in white. At the bottom left, there are three icons: a calendar, a clock, and a location pin, each followed by its respective information. On the right side, there is a larger circular portrait of Ms. Mahnoor Cheema. Logos for Forman Christian College, Forman Sociology Society, and the Water and Sanitation Agency are visible at the top.

FORMAN CHRISTIAN COLLEGE
FORMAN SOCIOLOGY SOCIETY
WATER AND SANITATION AGENCY

JOB OPPORTUNITIES FOR SOCIOLOGY STUDENTS IN GOVERNMENT SECTOR JOBS

Explore the vast array of job opportunities available for sociology students within the government sector

25 APRIL 2024

10:00-11:00

E 025

MS. TAJWAR SAEED, WASA

MS MAHNOOR CHEEMA, BAIT UL MAAL

Exploring Career Prospects in Law Enforcement: Talk by DSP Zafar Javed Malik

On May 27, 2024, DSP Zafar Javed Malik, Chief Law & Procurement Officer at Punjab Safe Cities Authority, delivered an insightful talk on "Career Prospects for Sociology Graduates in Police and Related Departments." The session, hosted by Forman Sociology Society, provided valuable guidance on career opportunities in law enforcement offices of Pakistan, and prepared students for application and interview questions. In addition, students were made aware of employer expectations and how to further develop their skill sets, especially in communication and cultural competency.

The poster features a white background with a blue and green geometric design on the right side. At the top left, there are logos for Forman Christian College, Forman Sociology Society, and the Punjab Safe Cities Authority. The text 'A Talk On' is written in a cursive font. The main title 'CAREER PROSPECTS FOR SOCIOLOGY GRADUATES IN POLICE AND RELATED DEPARTMENTS' is in bold, green and blue capital letters. A portrait of DSP Zafar Javed Malik is shown in a hexagonal frame. Below the portrait, his name and title are listed. At the bottom, the date '27 MAY, 2024', time '1--2 PM', and location 'E-001' are provided with corresponding icons.

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FORMAN SOCIOLOGY SOCIETY

FORMAN SOCIETY

A Talk On

**CAREER PROSPECTS
FOR SOCIOLOGY
GRADUATES
IN POLICE AND
RELATED
DEPARTMENTS**

DSP ZAFAR JAVED MALIK
CHIEF LAW & PROCUREMENT OFFICER
PUNJAB SAFE CITIES AUTHORITY

JOIN US

27 MAY, 2024 **1--2 PM**

E-001

Seminar on "Gender Roles and Stereotypes in Educational Curricula" by Dr. Sahar Shah

On 11th November 2024, the Forman Sociology Society and the Department of Sociology at Forman Christian College, University hosted an insightful seminar with Dr. Sahar Shah, a PhD graduate in Educational Leadership Research from the University of Cambridge. Dr. Shah explored the topic of "Gender Roles and Stereotypes in Educational Curricula and its Impact on Pakistani Society." With her extensive experience working with educational institutions in both Pakistan and the UK, Dr. Shah shared valuable perspectives on the intersection of gender and education in the country.

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SOCIETY**



**FCCU
SAO** **STUDENT
ACTIVITIES
OFFICE**

**FORMAN SOCIOLOGY SOCIETY
&
DEPT. of SOCIOLOGY**

Invites you for a seminar
on

**Gender Roles and
Stereotypes in
Educational
Curricula and its
Impact on Pakistani
Society**



 **Date**
11 November,
2024

 **Location**
E- 137

 **Time**
1-2 PM

with **Dr. Sahar Shah**

Department Activities

Bachelor's Program Open house

The Admissions Office arranged an 'Open House' from February 22nd to 23rd 2024, for the FCCU Bachelor's programs, in the Jim Tebbe Campus Center. This open house was for students from different backgrounds, including: A Levels, High School, International Baccalaureate (IB), and Intermediate students.

This was an excellent opportunity for prospective students to get a closer look at the university and campus life, and to learn about the programs, facilities, opportunities, and detailed admission criteria. We are grateful to Ms. Sana Shahid (Lecturer, Department of Sociology) and Mr. Athar Azeem (Assistant Professor, Department of Sociology) for being available both days to talk to students and provide them with information about the BS Sociology program.



FORMAN CHRISTIAN COLLEGE
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OPEN HOUSE FALL 2024
BACHELOR'S PROGRAMS

By Love Serve One Another

EVENT OFFERINGS:

- Information about Conditional Admissions.
- Scholarships & Financial Assistance Information.
- Interaction with Senior Students & Faculty.
- Career Counseling & Guidance.
- Guided Tours to Specific Departmental Facilities.

22 February 2024
10 am to 3 pm
Jim Tebbe Campus Centre, FCCU

Scan this QR Code to learn about the programs at Bachelor's level.

A centrally located, internationally recognized liberal arts University, with a history of 160 years.

Note: Non-FCCU students must bring their Student Card and/or original CNIC.



FORMAN CHRISTIAN COLLEGE
(A CHARTERED UNIVERSITY)

OPEN HOUSE FALL 2024
POSTGRADUATE PROGRAMS

An opportunity to learn how our programs can help you advance your career and achieve excellence.

EVENT OFFERINGS:

- Scholarships & Financial Assistance Information.
- Career Counseling & Guidance.
- Meet our Academic & Industrial Experts.
- Interaction with Senior Students.
- Guided Tours to Specific Departmental Facilities.

May 23, 2024
3 - 7 pm
Jim Tebbe Campus Center

A centrally located, internationally recognized University, with a history of more than 150 years.

Kindly scan this QR Code to learn about the programs at Postgraduate level.

Note: Non-FCCU students must bring their University Card and/or original CNIC.



Annual Advising Fair 2024

The Annual Advising Fair was held on February 27th and 28th 2024, at the Football Ground near the Campus Center. Faculty and Sociology majors provided guidance on academic roadmaps, career opportunities, and higher education options to students and answered their questions for timely graduation.



Session on benefits of integrating gender into implementation of M&E for social protection schemes in Pakistan

Dr Sara Rizvi Jafree, Associate Professor, Department of Sociology, was invited by [CERP](#) and [CLEAR Pakistan & Central Asia- CLEAR PCA](#) to speak on the benefits of integrating gender into implementation of M&E of social protection schemes in Pakistan. This practice is an important factor in securing equality of women and meeting SDG 5 in Pakistan.



Guest Lecture by Dr. Gurminder K. Bhambra on "Colonialism and Modernity" Held at FCCU

The Department of Sociology and Forman Sociology Society were pleased to host a guest lecture by Dr. Gurminder K. Bhambra, Professor of Historical Sociology at the University of Sussex. A Fellow of the British Academy (FBA), the Academy of Social Sciences (FAcSS), and the Royal Historical Society (FRHistS), Dr. Bhambra spoke on "Colonialism and Modernity: A Postcolonial Critique of Sociology." The lecture was moderated by Mr. Ammar Yasir (Lecturer Department of Sociology), and took place on 21st October 2024.



Crochet, Social Connection, and Emotional Health

The Department of Sociology and the Forman Sociology Society organized a workshop titled "Crochet, Social Connection, and Emotional Health" on 26th April 2024. The session was led by Prof. Khadija Burhan and Dr. Sara Rizvi Jafree, with facilitation by Ms. Fatima Rauf and Ms. Mahjabeen Bilal.

The workshop began with a review of scholarship linking crochet to emotional wellbeing and social connection. Participants then engaged in practical activities, completing the beginners' steps for crochet. The workshop provided a unique combination of learning and creativity, and fostered emotional wellbeing through needle work.



Student Research: Youth Protection and Development Policies

The Introduction to Social Policy class (SOCL 103) for Spring '24 presented their extensive research work on interventions and policies for youth protection and development on 22nd April 2024, supervised by instructor Dr Sara Rizvi Jafree (Associate Professor, Department of Sociology). The literature review was global in scope, with relevant and culturally appropriate policies selected for recommended implementation in Pakistan, given the challenges faced by youth in the country. Existing policies in the country were also critiqued and recommendations for improvement and modification were made by the students. We are proud of the students, their ability to work in groups, and their efforts to develop their communication skills and use appropriate academic references for impact.

**Social Policy Interventions for
PROBLEMS FACED BY
YOUTH IN PAKISTAN**

Hajra Hasnain (261940856)
Muhammad Taha (261926956)
Faran Feroze (261924334)

Inaya Sultan (261944607)
Saad Saud Jan (241558297)
Syed Wahab (253108689)

<p style="text-align: center; color: #dc3545; font-weight: bold;">HARASSMENT</p> <p style="text-align: center; font-size: 0.8em;">Social Policies</p> <ul style="list-style-type: none"> Prevention, Prohibition and Redressal of sexual harassment (2015) Women's safety measures & campus gender sensitization programs (2013) <p style="text-align: center; font-weight: bold;">Tackling Harassment</p> <ul style="list-style-type: none"> Sexual harassment prevention in education Workshops promoted personal rights, consent, and harassment criteria awareness. <p style="text-align: center; font-size: 0.8em;">(INDIA)</p>	<p style="text-align: center; color: #17a2b8; font-weight: bold;">HARASSMENT</p> <p style="text-align: center; font-size: 0.8em;">Social Policies</p> <ul style="list-style-type: none"> The Employment Equity Act no. 55 of 1998 <p style="text-align: center; font-weight: bold;">Tackling Harassment</p> <ul style="list-style-type: none"> Zero tolerance for abuse and harassment <p style="text-align: center; font-size: 0.8em;">(SOUTH AFRICA)</p>
<p style="text-align: center; color: #17a2b8; font-weight: bold;">HOUSING INEQUITY</p> <p style="text-align: center; font-size: 0.8em;">Social Policies</p> <ul style="list-style-type: none"> Help to Buy Youth Rental Voucher <p style="text-align: center; font-weight: bold;">Countering Housing Inequity</p> <ul style="list-style-type: none"> Affordable Housing Assistance Programs Federal Rental Assistance Programs <p style="text-align: center; font-size: 0.8em;">(WALES) & (SPAIN)</p>	<p style="text-align: center; color: #ffc107; font-weight: bold;">HOUSING INEQUITY</p> <p style="text-align: center; font-size: 0.8em;">Social Policies</p> <ul style="list-style-type: none"> Accommodation Support Services (YASS) <p style="text-align: center; font-weight: bold;">Countering Housing Inequity</p> <ul style="list-style-type: none"> Inclusive Housing and Support for Vulnerable Youth <p style="text-align: center; font-size: 0.8em;">(AUSTRALIA)</p>
<p style="text-align: center; color: #28a745; font-weight: bold;">UNEMPLOYMENT</p> <p style="text-align: center; font-size: 0.8em;">Social Policies</p> <ul style="list-style-type: none"> An Action Plan for Wales (2010-15) Italy Inclusive Entrepreneurship Policy (2021) <p style="text-align: center; font-weight: bold;">Dealing Unemployment</p> <ul style="list-style-type: none"> Youth Entrepreneurship Strategy Supporting women and youth entrepreneurs with loans/grants <p style="text-align: center; font-size: 0.8em;">(WALES) & (ITALY)</p>	<p style="text-align: center; color: #dc3545; font-weight: bold;">MENTAL HEALTH</p> <p style="text-align: center; font-size: 0.8em;">Social Policies</p> <ul style="list-style-type: none"> Lunacy Act of 1912 <p style="text-align: center; font-weight: bold;">Reducing Mental Stress</p> <ul style="list-style-type: none"> Legislation prioritized incarceration over therapy <p style="text-align: center; font-size: 0.8em;">(PAKISTAN)</p>
<p style="text-align: center; color: #ffc107; font-weight: bold;">SOCIAL MEDIA ABUSE</p> <p style="text-align: center; font-size: 0.8em;">Social Policies</p> <ul style="list-style-type: none"> eSafety Commissioner The Network Enforcement Act <p style="text-align: center; font-weight: bold;">Dealing Social Media Abuse</p> <ul style="list-style-type: none"> Combat harmful online content and cyberbullying Social media fined for delayed content removal <p style="text-align: center; font-size: 0.8em;">(AUSTRALIA) & (GERMANY)</p>	<p style="text-align: center; color: #17a2b8; font-weight: bold;">REFERENCES</p> <ul style="list-style-type: none"> South Africa, (1998). Employment Equity Act, No. 55 of 1998 Welsh Government, (2003). Youth-Entrepreneurship Strategy: An Action Plan for Wales 2010-15 Shah, S. M., Sun, T., Xu, W., Jiang, W., & Yuan, Y. (2022). The mental health of China and Pakistan, mental health laws and COVID-19 mental health policies Youth Accommodation Support Services (YASS) or Youth Housing Project Association (YHP). (n.d.). Australia Germany. (n.d.). The Network Enforcement Act (NetzDG)

Group 2 (SOCL 103 sec A)

**PROBLEMS FACED BY YOUTH AND
RELATED SOCIAL POLICY PROTECTION
GROUP 3**

1. Mental health issues

- Community Mental Health Centers:** Australia has successfully implemented community mental health centers, providing accessible mental health services. A similar approach could be adapted in Pakistan to ensure localized support for youth.
- School-Based Mental Health Programs:** The United States has integrated mental health education into school curricula. Implementing similar school-based programs in Pakistan would enhance mental health awareness and support for youth.
- Online Mental Health Resources:** Canada has invested in online mental health platforms, promoting similar resources in Pakistan would provide tech-savvy youth with accessible mental health support.
- Parental Support Programs:** Canada offers programs to educate parents about children's mental health. Introducing similar programs in Pakistan would enhance family support networks for youth.

2. Drug abuse

- Implementing Portugal's policy of decriminalizing drug possession for personal use in Pakistan
- Potential benefits: -Shifts focus from punishment to public health interventions -Decreased rates of drug-related deaths -Reduced HIV infections -Lower drug-related crime rates -Increased number of people seeking treatment for substance abuse-
- Success depends on: -Effective implementation -Adaptation to Pakistan's specific social, cultural, and legal context.

3. Child labour

- Interventions to reduce child labor are more likely to be successful if they are locally-driven, supported by legislation and based on theoretical understandings of childhood that reflect the realities and needs of the children, families and communities
- The theory, policy and practice of child labor in Latin America :This theory-policy-practice partnership appears to have been a catalyst for the development of successful "government-private-enterprise – civil society" programs to reduce child labor Although these multi-sectoral strategies have been successful in Latin America, further research is needed to see whether similar policies and interventions can be repeated in Pakistan.

4. Unemployment

- Government subsidies** for businesses that take on the long-term unemployed – for example, as part of the UK Youth Contract, payments of up to £2,275 are available to employers who take on young people (aged 18-24) who have been claiming job security assistance for more than six months
- Lower taxes** on businesses that employ more workers might be effective, for example cuts in employer national insurance contributions for young, low-paid workers
- Labor Market Policies** to stimulate job creation, such as subsidies for employers who hire young workers or incentives for entrepreneurship and Youth Employment Programs targeted at young job seekers, offering career counseling, job placement services, and support for skill development should be implemented

5. Discrimination based on language

- Language support Services:** Canada has adopted this policy, and it has been very effective in helping students who face challenges due to language difference.

6. Youth participation in sports

- Community Sports Clubs:** United Kingdom has adopted this policy. Local sports clubs play crucial role in promoting sports among youth.
- Sports opportunities should be provided for the people of all ages.

Department of Sociology Board of Studies Meeting

The Department of Sociology held its Board of Studies meeting on 9th September 2024. Faculty discussed salient aspects about the three department programs (BS Sociology; BS Sociology and Cultural Studies; and MPhil Sociology), including curriculum development, program assessment, and improved support for the UG and MPhil thesis students, and the minors of the department.



Alumni & Student News

Ms. Shafaq Javed

We are proud to share that our UG alumni Ms. Shafaq Javed has been selected for Mehergarh: A Center for Learning's 4-Day Residential 'Advanced Women Leadership Training: Indigenous Strategies for Women's Progress'. This training will be conducted by Dr. Fouzia Saeed. We wish Shafaq all the best and look forward to hearing about and sharing her future achievements. Currently Shafaq is serving as a Lecturer in the Sociology Department of Home Economics University.



Muhammad Lutfullah Khan

Our UG alumni Mr. Muhammad Lutfullah Khan (Minor in Sociology) has gained a position in the Analytics Division of CERP as an Analyst for a Women Economic Empowerment Project.

In his own words:

"The courses that I took in the Sociology Department of FCCU, namely Demography, Social Research, and Qualitative Research actually shaped my methodological understandings and helped me get recruited for this position".

We wish him all the best and look forward to hearing about his future accomplishments.



Ms. Hania Khan

Our UG alumni Ms. Hania Khan, who has a double major in Sociology and Political Science, is making an impact as the Director and Co-founder of Lok Sujag's Sujag Academy. At the Sujag Academy, Hania and her team are pioneering an innovative e-learning platform that is revolutionizing access to alternative knowledge. Their courses cover a wide range of critical topics, including "Religious Inclusion," "Gender Rights," "Health Care in Crises," "Climate Justice," and "Electoral Knowledge." One of their recent initiatives is designed to promote better democratic values by training polling agents. This course takes a gamified and instructor-agnostic approach.



Mr. Zaman Faraz Karamat

Mr. Zaman Faraz Karamat, who completed a Bachelor's Degree (Summa Cum Laude) in Political Science with a minor in Sociology, has gained admission and is currently reading for an MSc in Refugee and Forced Migration Studies at the University of Oxford.

In his own words:

“The Department of Sociology offered a diverse variety of intellectually challenging courses, such as Demography, Sociocultural Anthropology, and Sociology of Gender, which I believe trained me for my current educational pursuits. The Sociology faculty was always supportive, spotlighting opportunities to grow and prioritising student learning. It is my belief that the department's tradition of academic rigour

sets it apart from other departments, and is one of the reasons I am where I am today.”

We wish Zaman all the best and are confident we will be sharing many more of his achievements in years to come.



Ms. Fatima Ghani

Our UG alumni Ms. Fatima Ghani, Magna cum laude graduate, has been awarded the prestigious Monbukagakusho (MEXT) Scholarship! She'll be pursuing her MA in Global Studies at Sophia University. Fatima's research during her UG focused on the sociology of mental health and illness, earning her the "Best Thesis Award".

In her words: "I am utterly grateful for the support from the Sociology Department throughout my time at FCCU. Special thanks to Dr. Sara for maintaining a high-quality, challenging and stimulating learning environment, Ms. Shermeen Bano for her constant feedback and guidance at every stage of my thesis despite my mental roadblocks, and Dr. Julie Flowerday for

deconstructing the canons and sweeping me off my feet (in the best way possible) by introducing a paradigm shift."



Ms. Sijjal Shafique

Our UG alumni Ms. Sijjal Shafique, Minor in Sociology, won the Erasmus Mundus Scholarship for Global Minds. She is currently enrolled in the MSc program of Psychology of Global Mobility, Inclusion and Diversity in Society, at the University of Limerick, Ireland. She did her first semester from the University SWPS in Poland.

MEET OUR NEW STUDENTS

SIJJAL SHAFIQUE

SHE/HER
Path C

"My aspiration within the Global Minds Experience is to foster meaningful connections with diverse cultures within the cohort, collaboratively devising solutions that uplift marginalized communities, with a particular focus on displaced individuals and immigrants."

COHORT 2023 - 2025

Ms. Ayesha Jilani

Our UG major in Sociology and Cultural Studies Ms. Ayesha Jilani successfully completed her semester exchange program at Lingnan University.

In her own words:

"The campus atmosphere, diverse student body, and engaging courses definitely enriched my academic journey as a Sociology and Cultural Studies major. I am grateful to FCCU for this transformative opportunity."

We are also extremely proud to share that Ayesha presented her research paper in New York, titled 'Capitalist Metaphors in Parasite' at the Undergraduate Forum at the 54th annual Northeast Modern Language Association hosted by the University at Buffalo in Niagara Falls, New York.



Ms Beenish Fatima

We are happy to share that our MPhil alumni Ms Beenish Fatima, has published her thesis in an HEC approved journal. The paper, titled "An in-depth exploration of the empowerment experiences and their impact on personal growth of female lecturers", is part of a wider study to explore the

empowerment dynamics among women lecturers in the district Bhakkar, Punjab, and can be read on the following link:

<https://gesjournal.com/.../an-indepth-exploration-of-the...>



Ms. Dua Tahir

We are happy to share that our UG alumni Ms. Duaa Tahir has published her thesis in an HEC accredited journal, titled: "Conservative Versus Diplomatic Beliefs About Male-Female Responsibilities In University Teachers And Association With Wellbeing". The study has implications for teacher training interventions, the hidden curriculum, and more. You can read the entire article on the following link:

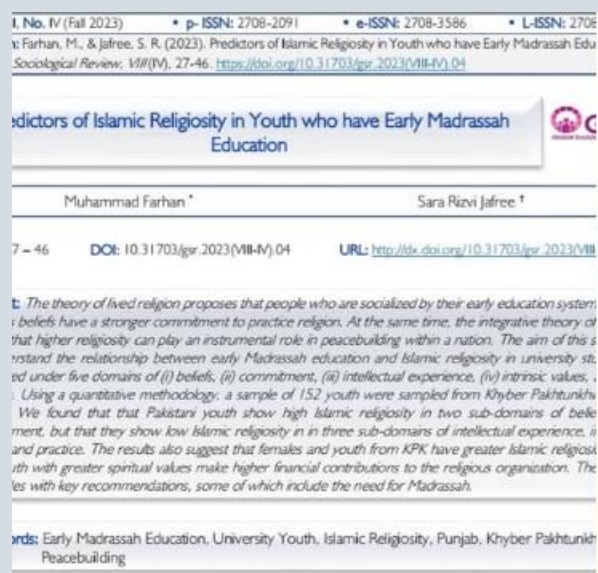
<https://uosjssh.su.edu.pk/article/9UG5>



Mr. Farhan Khan

Our UG alumni Mr. Farhan Khan, has published his UG thesis in a HEC approved journal, ranked in HJRS, Y Category. His study investigates the predictors of Islamic religiosity in youth who have gained early Madrassah education and are now enrolled in universities of Punjab and KPK, and can be read on the following link:

<https://gsrjournal.com/.../predictors-of-islamic...>



Ms. Insha Fayyaz

Ms. Insha Fayyaz, our UG alumni, presented her final thesis at the 1st International Psychology Conference 2024, held from May 29th to May 31st at FCCU. Her thesis, supervised by Dr Sara Rizvi Jafree, studied the influence of social anxiety on the perceived academic performance of university students at FCCU.

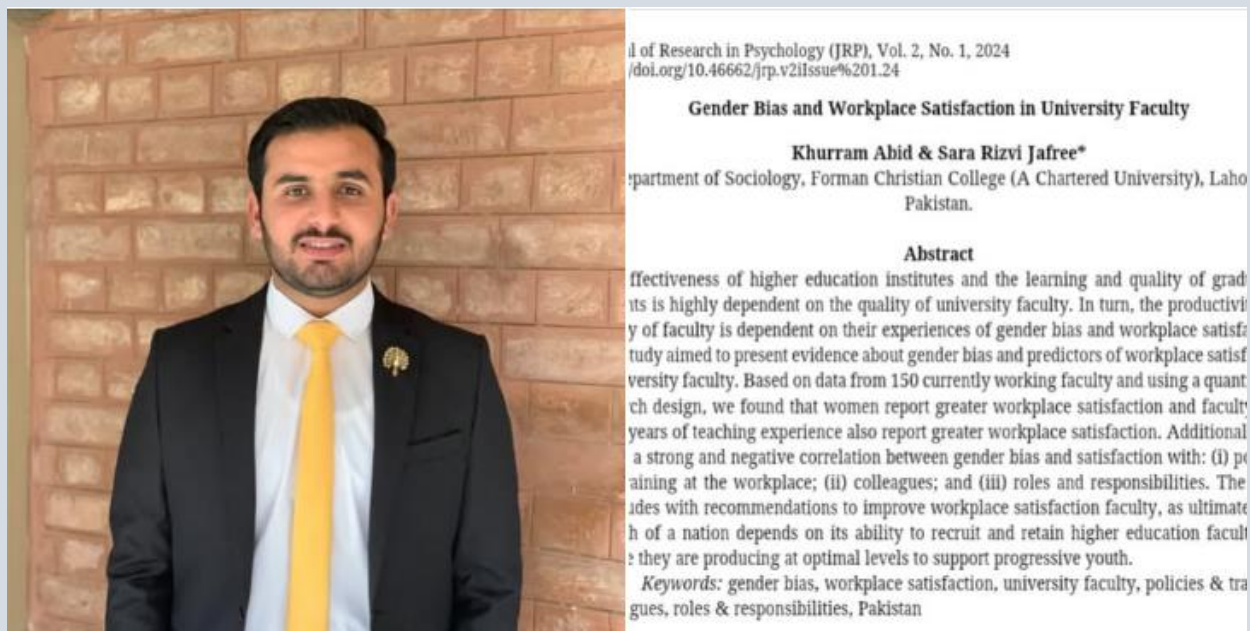
Based on her study findings she made key recommendations during her conference presentation for students experiencing social anxiety, including: on campus counseling support, peer group support, and diversity in academic assessments.



Mr. Khurram Abid

Mr. Khurram Abid, our UG alumni, has published his thesis research in the Journal of Research in Psychology, published by the Lahore College for Women University, which welcomes original empirical research from social psychology. The study titled: 'Gender Bias and Workplace Satisfaction in University Faculty' concludes that gender bias predicts low workplace satisfaction, and that gender bias can negatively influence satisfaction with policies and training, colleagues, and roles and responsibilities. You can read the full manuscript on the following link:

<https://jrplcwu.pk/index.php/JRP/article/view/24>



Ms. Saliha Kamran

Our UG alumni, Ms. Saliha Kamran, has published her paper in an HEC approved journal, the Global Sociological Review, titled: "The Rising Gentrification of Thrifting within the context of Pakistan: Attitudes towards the practice & consequences of its destigmatization."

The results of the study demonstrate a clear relationship between rising gentrification of thrifting within the country owing to greater upper-class integration within the practice, as well as the ways in which it can potentially be a source of concern for local flea markets.

You can read the full paper on:

<https://gsrjournal.com/.../the-rising-gentrification-of-...>



Mr. Muhammad Hasnain Bilal

Mr. Muhammad Hasnain Bilal, our MPhil alumni, has joined as a Lecturer in Sociology at Forman Christian College (Intermediate Section).

In his own words:

"I am grateful for the department's support in preparing me for the challenges of practical life and academic roles. The training and opportunities I received here, including my experiences as a student research assistant and teaching assistant, have provided me with invaluable expertise that I can apply to my new role."



Ms. Amna Yousaf

Ms. Amna Yousad, our MPhil alumni, is making a tangible impact in Pakistan's healthcare landscape through her work with Punjab Population Innovation Fund (PPIF) and driving progress towards Pakistan's family planning targets. Amna serves as a trainer for PPIF fostering capacity building and sustainable growth. She is also involved in documentary filmmaking, shedding light on critical topics that inspire change. Notably, her documentary on Family Planning, supported by Population Welfare Department, earned her a prestigious cash prize, recognizing her thought-provoking storytelling and commitment to social impact.



Ms. Sibgha Saleem

Our MPhil alumni, Ms Sibgha Saleem, has moved to London, UK, and secured the position of Customer Experience Manager at a leading mental wellness company.

In her own words: "My sociological training helps me to tailor services to meet the unique needs of each individual client, fostering an environment where mental well-being is prioritized and stigma-free."



Ms Amber Bajwa

Ms Amber Bajwa, our MPhil alumni, is actively working with Bargad Organization for Youth Development and the empowerment of women in social, economic, and political spheres. She supports women in launching small entrepreneurial initiatives to improve their futures while raising awareness of their rights.

As a minority activist, she advocates for her community, with a particular focus on education for minorities. Her passion for this topic led her to conduct research on 'Educational Inequalities and Mental Health in Christian Youth of Pakistan.' Following her research, Amber has continued to hold awareness sessions in marginalized communities of Lahore, engaging both young students and their parents on the importance of mental health, especially among Christian youth who face disparities.



Mr. Saad Saud Jaan

Our UG alumni Mr. Saad Saud Jan has published his thesis findings in an HEC recognized journal- Global Sociological Review.

The study discusses the challenges faced by females in Mardan in accessing education and recommends better policies for equality and inclusion. The paper can be read online:

<https://gsrjournal.com/.../cultural-constraints-and...>



Humanity Publications (HumaPub)
www.humanitypublications.com
DOI: <https://doi.org/10.31703/gsr>

GSR
Global Sociological Review

Article title
Cultural Constraints and Women's Education: A Case Study of Women's Higher Education in District Mardan

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Issue: III-Summer (September-2024)
<http://www.gsrjournal.com/Current-Issue2024>

Scope
<http://www.gsrjournal.com/about-us/scope>

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Abstract
The purpose of this study is to explore deeply rooted cultural issues responsible for women's failure to pursue higher education in District Mardan, Pakistan. For this purpose, qualitative research approach is employed and data is collected through semi-structured interviews with rural household heads. The research pinpointed major issues that surfaced in early marriages, family responsibilities, an discrimination on the basis of gender, poverty, an stigmatization of women rather than men. These barriers do not only stifle the growth of women but also its development of the region in terms of economic incorporation and human resources development. Th thematic analysis technique is utilized for qualitative data analysis. This study focuses on equal opportunities for all irrespective of gender identity, and aims to generate awareness among all relevant stakeholders: family member community, and policymakers.

Keywords: Women's Higher Education, Cultural Barriers, Gender Discrimination, Early Marriages, District Mardan.

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Article link: <http://www.gsrjournal.com/article/65>
Full-text link: <https://gsrjournal.com/submit/Author/2024/452.pdf>

Ms. Sajida Yaqoob and Ms. Fareeha Habib

We are happy to share that our current MPhil students have published research based on secondary data from the Pakistan Demographic Health Survey, 2018, which identifies (i) the sociodemographic predictors influencing help-seeking behaviour among married women experiencing domestic violence in Pakistan, and (ii) the network of support they seek help from.

The paper had been published in an HEC accredited journal, Pakistan Journal of Gender Studies and finds that the following groups are more likely to seek help: (i) those with higher education; (ii) belonging to the middle class; (iii) belonging to the urban region; (iv) self-employed; (v) belonging to Punjab, KPK, or AJK regions, and (vi) women who worked before and after marriage.

Additionally, mean analysis revealed that illiterate women comparatively seek less help from friends, police, and doctors. The study concludes with salient recommendations for how to improve health-seeking behaviours and increase networks for support for women in the country. You can read the full study on the following link:

<https://socialsciencejournals.pjgs-ws.com/.../view/778/747>



Ms. Fatima Ghani

Our UG alumni, Ms. Fatima Ghani, has published her study which explores student perceptions of mental illness and stigma in Pakistan using a social constructionist approach. Through in-depth interviews with university students, her research reveals how gender, class, and education intersect to shape personalized understandings of mental illness and the strategies students use to manage stigma.

This important work sheds light on the barriers to help-seeking in a highly stigmatized cultural context, making a valuable contribution to mental health research in Pakistan. The study can be found

on:

<https://www.tandfonline.com/.../10.../10720537.2024.2412854>



Ms. Iqra Panezai

Our current UG major, Ms. Iqra Panezai, has published her thesis research in an HEC approved journal. Her study investigates the sociocultural barriers that prevent females in Quetta, Balochistan, from accessing higher education opportunities and also discusses interventions to improve access for females.

You can read the complete study on the following link:

<https://gssrjournal.com/.../exploring-the-sociocultural...>



Community Service

Clothing drive by the class of Introduction to Social Work

The Introduction to Social Work class (Spring 2024), led by Dr Shamaila Athar (Associate Professor, Department of Sociology), organized a heartwarming cloth donation drive for Akhuwat Foundation. It was inspiring to see the department students and Forman Sociology Society come together to make a positive impact in our community. The generosity and compassion displayed by everyone involved truly exemplify the values of social work and community service.



Social Work Class Organizes ORS Distribution for FCCU Security Guards

The Social Work class of the Department of Sociology, led by instructor Dr. Shamaila Athar (Associate Professor, Department of Sociology), organized a thoughtful initiative, distributing ORS sachets to FCCU security guards to help them combat the scorching heat during Ramadan 2024.

This compassionate campaign was executed in collaboration with Mercy Health Centre, ensuring that each guard received a preliminary checkup to verify the suitability of the ORS for their health. Additionally, the Chief Security Officer will oversee the distribution process, ensuring that all guards receive the support they need. This effort not only provided physical relief but also demonstrated our community's commitment to the well-being of those who safeguard us.



Forman Sociology Society's Successful Book Drive

On 6th and 7th November 2024, the Forman Sociology Society organized a successful Book Drive at E-Square, Forman Christian College. Students and faculty generously donated their gently used books, helping make a difference by sharing the gift of reading with those in need. Every book donated contributed to the success of this meaningful initiative. Proceeds were donated to Gomal University in DI Khan through Ilm Daan. This effort was led by Mr Ammar Yasir, Advisor, Forman Sociology Society (FSS) and Lecturer, Department of Sociology, and Ms. Ayesha Jilani (President FSS), and executed by the FSS council.



Forman Sociology Society's Successful Clothing Drive

From November 27th to 29th, 2024, the Forman Sociology Society organized a successful three-day Clothes Donation Drive at E-Square, Forman Christian College. Students and faculty generously donated gently used winter clothing, showing their support for those in need. The proceeds from the drive were donated to the Adonai Foundation for their El Shaddai Trust School. This initiative was led by Mr. Ammar Yasir, Advisor, Forman Sociology Society (FSS) and Lecturer, Department of Sociology, and Ms. Ayesha Jilani, President of FSS, and executed with the efforts of the FSS council.



Student Project on Responsible Consumption

Under the supervision of Dr. Shamaila Athar (Associate Professor, Department of Sociology), students successfully completed a project on Responsible Consumption. They researched various consumption-related issues, including fast fashion and plastic waste, and applied sociological concepts such as consumerism and environmental impact to their analysis.

Using Khaadi as a real-world example, the students developed prototypes to promote sustainable practices. Each group presented their findings, showcasing visual representations of their solutions alongside key sociological insights. The project highlighted the importance of addressing environmental challenges through informed and responsible consumption practices. Well done to all the participants for their insightful work!



Faculty Updates

Welcome Back Dr Grace Clark

We are happy and honored to share that Dr Grace Clark has rejoined the Department of Sociology as a Professor and senior mentor to the faculty.

She has a mountain of achievements behind her, notable amongst which are that she has served in the US state government service with a focus on public policy, and at FCCU as Dean of Social Sciences and Chair of the Sociology Department.

Her achievements and contributions include mentoring students for the Fulbright scholarship program, providing guidance for program quality assessment, drafting the original program proposal for the launch of MPhil in Sociology, and being the founding organizer for the annual department conference on marginalized populations, amongst many others.

Her research interests include public policy, religion, aging, cities and urban life, gender and poverty. We are lucky that she is returning to FCCU to teach both UG and MPhil classes and to provide co-supervision support to thesis students.



Welcome to Dr. Aaisha Amjad

We are happy to share that Dr. Aaisha Amjad has joined us as an Assistant Professor. She has been teaching in University of the Punjab. She has published in reputable impact factor journals focusing on women's health, adolescent issues, gender and health and spiritual coping. She has authored 30 articles in both national and international journals and is currently developing manuscripts that engage theoretically with her PhD research data on infertility, spiritual coping, and the quality of life among infertile couples. Her recent scholarly interests have expanded to encompass theoretical explorations of stigma, vulnerability, guilt, shame, and empathy across various contexts of coping and well-being.

Her teaching portfolio includes courses on research methods, clinical sociology, gender studies and introductory sociology, where she promotes critical thinking and strives to uphold high standards of academic rigor. Beyond her roles in teaching and research, she has contributed to various projects conducted by national and international organizations, including the World Bank and the International Labour Organization.



Mr Ammar Yasir

We are happy to share that Mr. Ammar Yasir has joined the Department of Sociology as a Lecturer. Mr Ammar has completed his Bachelor's and Master's in Sociology from the Institute of Social and Cultural Studies, University of the Punjab, with the highest academic distinction. Previously, he worked as a permanent faculty member at the University of Lahore, where he engaged in teaching, research, curriculum development, and thesis supervision. Moreover, he has also served as a visiting faculty at various public and private universities.

His research interests include youth politics, digital media, populism, democracy, and social movements. Theoretically, he is interested in modernity and colonialism, decolonial sociology, and post-colonial theory. His additional academic and research strengths include editing and translating books in both Urdu and English and serving as an editor at Folio Books, Lahore. Currently he is working on translating the ethnographic book *Bombay Brokers* by Lisa Bjorkman.



Dr M Vaqas Ali

The Population Research Center, FCCU, Director, Dr. M. Vaqas Ali (Associate Professor, Department of Sociology) attended the 25th Annual Population Research Conference 2024 on 4th and 5th of December at the Institute of Business Administration (IBA), Karachi. The Conference was held on the overarching theme “Pathways to Sustainable Development: Navigating Population Growth, Poverty, Productivity, and Climate Change”.

The primary objective of this conference was to bring policy makers, donors, practitioners, researchers, and youth to a common platform to discuss persistent population problems, challenges, and potential solutions for translating the National and Provincial Narratives on Population into actionable solutions for population development, in the context of a changing socio-cultural context. Accounting for key challenges, the conference aims to strengthen evidence-based policy direction for Pakistan on a variety of topics including Stagnant Family Planning, Persistent Poverty and Inequity, Low Productivity, and Declining Resilience.”



Dr. Shahid Rasheed

We are happy to share the latest publication of Dr Shahid Rasheed, which aims to discuss the thoughts of Shah Waliullah on social dynamics and discusses his theory of evolution.

The study elaborates on all the phases of human civilization, explains its features and characteristics, and provides an in-depth analysis of Shah Waliullah's work on social dynamics and evolution of human society. Furthermore, Shah Waliullah's theory of social reconstruction, the social pathologies and the strategies that he proposed in his writings are also delved into.

You can read the study on the following link:

<https://www.alidrak.com/ojs3303/index.php/alidrak/article/view/122?articlesBySimilarityPage=2>



Theory of Human Evolution and Social Reconstruction by Shah Waliullah

★Shahid Rasheed
Assistant Professor, Forman Christian College University (FCCU), Lahore, Pakistan.

★★ Humaira Ahmad
Associate Professor, Department of Islamic Thought and Civilization, University of Management and Technology, Lahore, Pakistan.

Citation:
Rasheed, Shahid and Humaira Ahmad " Theory of Human Evolution and Social Reconstruction by Shah Waliullah," Al-Idrak Research Journal, 3, no.2, Jul-Dec (2023): 99- 116.

ABSTRACT

Shah Waliullah sees society as sui generis which means society is distinct from individuals but he does not take the extreme position of ignoring human agency. Societal structures definitely influence human behavior but at the same time there are human beings who change and challenge the existing structures. Shah Waliullah has advanced two important theories of social dynamics. Firstly, his theory of evolution and secondly, his theory of revolution. In his theory of social evolution, he has described four phases through which human civilization has passed, for which he has used the term of irifaqat. First stage of this social journey refers to a simple nomadic society in which people are able to satisfy their physical needs along with some early forms of social solidarity. Second stage refers to a relatively settled and developed society in which people have been able to manage their affairs of economic life, domestic life and occupational life. Third stage refers to a city-state in which the



Dr. Sara Rizvi Jafree

The Centre for Public Policy and Governance hosted the book launch of *Social Policy for Women in Pakistan* on Thursday, May 9th 2024, authored by Dr. Sara Rizvi Jafree. This book analyzes the different policy challenges that Pakistani women face and makes regionally relevant policy recommendations across different areas of private and public life, drawing on secondary data from nationally representative surveys and primary data from qualitative interviews.

These areas include family safety, housing adequacy, food security and nutritional adequacy, environment and disaster protection, educational development, employment and formal sector inclusion, and health security. The book examines how the history, culture, and political climate of Pakistan have shaped social policy for women, interrogates gaps in social protections for women, and analyzes the limitations for past interventions. This text also looks at collaboration across South Asian countries, as well as using religion, social media, financing, and a new model of governance for comprehensive coverage and sustainable social policy for women.

The e-book can be accessed through the library or directly from the following link:
<https://link.springer.com/book/10.1007/978-3-031-32863-3>

The poster features a blue background with a faint image of a building. At the top left is a circular logo with the letters 'P' and 'G'. At the top center, the words 'Book Launch' are written in a red, cursive font. At the top right is a crest of a college. The title '"SOCIAL POLICY FOR WOMEN IN PAKISTAN"' is written in bold, black, uppercase letters. Below the title is a circular portrait of Dr. Sara Rizvi Jafree, a woman wearing a pink and gold patterned headscarf and glasses. To the right of the portrait, her name 'DR. SARA RIZVI JAFREE' is written in white, uppercase letters on a dark red rectangular background. Below the name, a clock icon is followed by the time '5:00 PM'. Underneath the time, the location 'Room E-002, Elahi Building, CPPG' is written in white. At the bottom, the date 'MAY | 9th | 2024' is displayed in white. At the very bottom, a line of text asks to confirm participation at 'cpgg@fccollege.edu.pk'.

"SOCIAL POLICY FOR WOMEN IN PAKISTAN"

DR. SARA RIZVI JAFREE

5:00 PM
Room E-002, Elahi Building, CPPG

MAY | 9th | 2024

Please confirm your participation at
cpgg@fccollege.edu.pk

Dr Aaisha Amjad

Dr Aaisha Amjad (Assistant Professor Department of Sociology) presented her study titled "The Intersectionality of Health Literacy and Infertility: A Qualitative Study of Emotional and Social Experiences among Infertile Women in Pakistan" at the 6th Annual Conference on Marginalized Populations (11th Dec 2024). Her talk centered on the support needed for women facing primary and secondary infertility and the salient role of social support and family empathy.



Faculty Publications

Dr. Shamaila Athar

- Ali, M. V., Athar, S., Rasheed, S., & Calib, G. (2024). Identifying the correlates of secondary school dropout in Punjab, Pakistan: Insights from MICS 2017-2018. *International Journal of Contemporary Issues in Social Sciences*, 3(2), 1531–1539. Retrieved from <https://ijciss.org/index.php/ijciss/article/view/802>
- Kamran, S., Athar, S., & Azeem, A. (2024). The Rising Gentrification of Thrifting within the context of Pakistan: Attitudes towards the practice & consequences of its destigmatization. *Global Sociological Review*, IX(II), 53-64. [https://doi.org/10.31703/gsr.2024\(IX-II\).06](https://doi.org/10.31703/gsr.2024(IX-II).06)
- Fatima, B., Athar, S., & Azeem, A. (2024). An In-Depth Exploration of the Empowerment Experiences and Their Impact on Personal Growth of Female Lecturers. *Global Educational Studies Review*, IX(II), 66-74. [https://doi.org/10.31703/gesr.2024\(IX-II\).09](https://doi.org/10.31703/gesr.2024(IX-II).09)
- Ali, M. V., Athar, S., & Rasheed, S. (2024). Child Abuse in Pakistan: A Sociological Examination of Contributing Factors. *Global Sociological Review*, IX(III), 86-97. [https://doi.org/10.31703/gsr.2024\(IX-III\).08](https://doi.org/10.31703/gsr.2024(IX-III).08)
- Ali, M. V., Athar, S., & Rasheed, S. (2024). Exploring the Persistent Challenges of Reproductive Health Management: Analyzing Use of Contraception Among Wives Across Four Provinces in Pakistan Utilizing MICS Data. *Global Sociological Review*, IX(III), 127-139. [https://doi.org/10.31703/gsr.2024\(IX-III\).12](https://doi.org/10.31703/gsr.2024(IX-III).12)
- Panezai, I., Azeem, A., & Athar, S. (2024). Exploring the Socio-Cultural Barriers that Hinder Female's Access to Higher Education in Rural Areas of Quetta and Examining Female Perspectives on the Effectiveness of These Barriers. *Global Social Sciences Review*, IX(III), 113-121. [https://doi.org/10.31703/gssr.2024\(IX-III\).12](https://doi.org/10.31703/gssr.2024(IX-III).12)

Mr. Athar Azeem

- Kamran, S., Athar, S., & Azeem, A. (2024). The Rising Gentrification of Thrifting within the context of Pakistan: Attitudes towards the practice & consequences of its destigmatization. *Global Sociological Review*, IX(II), 53-64. [https://doi.org/10.31703/gsr.2024\(IX-II\).06](https://doi.org/10.31703/gsr.2024(IX-II).06)
- Fatima, B., Athar, S., & Azeem, A. (2024). An In-Depth Exploration of the Empowerment Experiences and Their Impact on Personal Growth of Female Lecturers. *Global Educational Studies Review*, IX(II), 66-74. [https://doi.org/10.31703/gesr.2024\(IX-II\).09](https://doi.org/10.31703/gesr.2024(IX-II).09)
- Panezai, I., Azeem, A., & Athar, S. (2024). Exploring the Socio-Cultural Barriers that Hinder Female's Access to Higher Education in Rural Areas of Quetta and Examining Female Perspectives on the Effectiveness of These Barriers. *Global Social Sciences Review*, IX(III), 113-121. [https://doi.org/10.31703/gssr.2024\(IX-III\).12](https://doi.org/10.31703/gssr.2024(IX-III).12)
- Ali, M. W., Rasheed, S., & Azeem, A. (2024). Factors Influencing Smoking Behavior Among Women in Pakistan: Insights from MICS 6 Survey. *Journal of Semitic Religions*, 3(1). <https://jsrpk.com/index.php/Journal/article/view/134>
- Naz, S., Shaukat, B., Naz, F., & Azeem, A. (2024). Climate change's geopolitical implications: Conflicts, migrations, and resource competition. *Remittances Review*, 9(S2), 332–350. <https://doi.org/10.33282/rr.vx9i2.19>
- Jan, S. S., & Azeem, A. (2024). Cultural Constraints and Women's Education: A Case Study of Women's Higher Education in District Mardan. *Global Sociological Review*, IX(III), 98-107. [https://doi.org/10.31703/gsr.2024\(IX-III\).09](https://doi.org/10.31703/gsr.2024(IX-III).09)

Dr. M. Vaqas Ali

- Ali, M. V., Athar, S., & Rasheed, S. (2024). Child abuse in Pakistan: A sociological examination of contributing factors. *Global Sociological Review*, 9(3), 86–97. Retrieved from <https://www.gsrjournal.com/article/child-abuse-in-pakistan-a-sociological-examination-of-contributing-factors>
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- Ali, M. V., Rasheed, S., & Azeem, A. (2024). Factors influencing smoking behavior among women in Pakistan: Insights from MICS 6 Survey. *Journal of Social Research in Pakistan*, 12(4), 102–115. Retrieved from <https://jsrpj.com/index.php/Journal/article/view/134>
- Ali, M. V., Athar, S., & Rasheed, S. (2024). Exploring the persistent challenges of reproductive health management: Analyzing use of contraception among wives across four provinces in Pakistan utilizing MICS data. *Global Sociological Review*, 9(3), 86–97. [https://doi.org/10.31703/gsr.2024\(IX-III\).12](https://doi.org/10.31703/gsr.2024(IX-III).12)
- Ali, M. V., & Athar, S. (2024). Identifying the correlates of secondary school dropout in Punjab, Pakistan: Insights from MICS 2017-2018. *International Journal of Contemporary Issues in Social Sciences*, 3(2), 1531–1539. Retrieved from <https://ijciss.org/index.php/ijciss/article/view/802>

Dr. Sara Rizvi Jafree

Book Chapter

1. Rizvi Jafree, S., Fischer, F., Bukhari, N., and Naveed, A. (2024) *Telehealth services for aging patients in Pakistan: Understanding challenges and developing regionally relevant support through social policy* In Digital Healthcare in Asia and Gulf Region for Healthy Aging and More Inclusive Societies Shaping Digital Future Ed. Patricia Ordonez de Pablos, Elsevier

<https://shop.elsevier.com/books/digital-healthcare-in-asia-and-gulf-region-for-healthy-aging-and-more-inclusive-societies/de-pablos/978-0-443-23637-2>

Journal Articles

- Rizvi Jafree, S., Ahsan, H., Zakar, R., Muzamill, A., Burhan, S. K., Javed, A., Durrani, R. R., & Fischer, F. (2024). Study Protocol for a Randomized Health and Social Literacy Intervention to Improve Maternal Health in Pakistan. *Academy of Education and Social Sciences Review*, 4(4), 493-503. <https://doi.org/10.48112/aessr.v4i4.905>
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- Abbas, A., Zahra, S., Shahid, S., Kashif, M., & Raza, S. (2024). Academic Resilience, Psychological Well-Being and Suicidal Ideation among Medical and Non-Medical Students. *Journal of Health and Rehabilitation Research*, 4(1), 76-82. DOI: [10.61919/jhrr.v4i1.321](https://doi.org/10.61919/jhrr.v4i1.321)

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