

## Technical Services Association And Forman Christian College (A Chartered University)

# Executive Director's Update

### Executive Director's Message:

Greetings to you all. The highlight of this update No.15 is **International Symposium of Launching the Pakistan Society for Traumatic Stress Studies (PSTSS) under CTCRC (Christian Trauma Care & Research Center) of TSA/FCCU** which was held on 31st January 2026 at FCCU. This has resulted from continuous efforts of many dear colleagues for the last 12 years since the twin bomb blasts on All Saints Church, Peshawar where 98 Christians were killed, 144 injured, 53 orphaned and 16 widowed just after the terrible incident on 22nd Sep 2013. We all never forget this kind of inhumane incident and do our best to heal the sufferers.

As we all are witnessing to the world getting worse, we experience "Trauma and Stress." Then how can we prevent wars and fighting? This is a huge question. We feel incapable to prevent this kind from happening, but we can and should help those victims from various incidents.

So, **I pray and trust that PSTSS would play a significant role in Pakistan** with International Community such as KSTSS (Korean Society for Traumatic Stress Studies) and ISTSS (International Society for Traumatic Stress Studies) and Pakistan Government **in raising awareness of Trauma and Stress, training leaders, research and clinical support individually and collectively for those in trauma and troubles.**

Dr. Keung Chul (Matthew) Jeong  
Executive Director of TSA/FCCU

## Special Education School (SES)

### Family Counseling

- In January, Ms.Sabah (Psychologist) and Ms.Javaria (Speech Therapist) conducted family counseling and guidance sessions, including history-taking and home-based support strategies, to enhance students' overall development.



### Daniyal Mall (Tuck Shop) is Open

- On 26th January, Daniyal Mall, the school's tuck shop continued its regular services for girls' hostel residents from 3:30 pm to 5:30 pm, providing convenient access to essential food items.



## Guest Visit

- On 20th January, Dr. Muhammad Jamil, Professor of Economics, and Dr. Naveed visited TSA-FCCU Special Education School, where they were warmly welcomed by the students and staff; students also present garland. Both guests appreciated the students' efforts, praised the staff for their dedication, professionalism, and commitment to inclusive education, admired the school's nurturing environment, and encouraged the team to continue their work with passion and excellence.
- On 3rd February, Brian Furches, coach from the FCC Intermediate Sports Department, visited the Special Education School. The session was highly positive and meaningful, proving to be extremely beneficial for both students and parents. His presence and thoughtful discussion were truly a blessing for our special children and greatly contributed to their motivation and well-being.



## 1-on-1 Session/Assessment

- On 10th March, Ms. Sabah conducted a 1-on-1 session with a new student to understand his needs and behavior, while also guiding his mother on effective behavior management and promoting good manners and positive habits.
- On 16th March, Ms. Jawaria discussed a student's speech and language development delay with his mother, explaining the assessment findings and providing appropriate recommendations for improvement. Ms. Jawaria also guided the mother on effective strategies to support the child's communication skills at home.



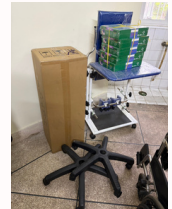
## Needle Crafts Center (NCC)

- During January to March, knitting products (i.e. Cardigan, Waist Coat, Baby Shawl) were made and delivered by the vulnerable women in villages, to catch up with the customer demand during winter season.
- During February, we conducted 2 training workshops under FAME project, which ~40 ladies attended, we equipped them with crochet techniques. In the end of the training, 40 attendants were given certificate from TSA/FCCU, expecting to deliver new products in coming future.

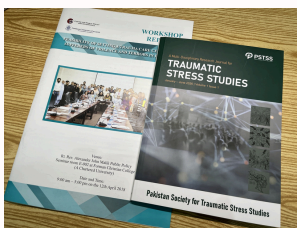


## Physiotherapy Center (PC)

- During Feb-March, Mr. Peter conducted an examination for the physio-technicians (Mr. Peter had equipped the 2 physio-technicians with new manual treatment technique, to improve the effectiveness & satisfaction of each treatment. As for special children treatment, we focus more on exercise (v.s. machine) with a play mindset, which is more beneficial to special children's long-term physical development.)
- During March, thanks to the help of FCCU, some existing equipments were renewed, which set a good foundation for PC long-term operation.



## Christian Trauma Care and Research Center (CTCRC)



- **Handong University Project (DBT Sessions, Mind Center Data Entry):** A team of students from Handong Global University, along with two professors, visited FCCU under the Global Rotation Program on 26th January 2026. Prof. Kim conducted a session on Dialectical Behavioral Therapy (DBT) on 29th January at TSA. Additionally, the student team entered data from Peshawar and Jaranwala into the Mind Center software.
- **KSTSS Project (PSTSS Symposium and Launch Ceremony, PM+):** The executive members of KSTSS, including Dr. Jeong-Ho Seok (President, KSTSS), Dr. Hanik Yoo (Director of Overseas Partnerships), and Dr. Inhee Cho (Director of the General Assembly), visited and facilitated the official launch of the Pakistan Society for Traumatic Stress Studies (PSTSS) on 31st January 2026.
- **Journal Publication of PSTSS:** During the official launch, the first journal of PSTSS was published. Efforts are underway to obtain HEC recognition for the journal in the near future.
- **Decision-Makers Meeting (Christian Leaders):** On 4th February, the KSTSS team, along with various Christian leaders, held a decision-makers meeting at TSA/FCCU. The objective was to strengthen relationships and initiate collaboration with professionals in trauma care.
- **PM+ Training and Recording:** The Problem Management Plus (PM+) training, based on a WHO manual, was conducted on 2nd and 3rd February in collaboration with the Pakistani team and KSTSS members. The sessions were also recorded for future use.
- **Trauma Healing Book Translation:** Following the Convening Plus session conducted by Mr. John Douglas in October 2025, CTCRC was entrusted with the translation of the trauma care manual titled "Healing the Wounds of Trauma" by the American Bible Society. Work on translation and contextualization is ongoing.

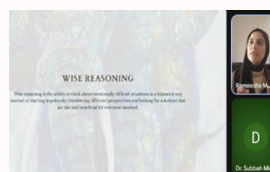
## Hostel



- Freshmen arrived in FCCU/TSA hostel. We have interviewed more than 92 students, 89 currently residing and few more joining after the Easter break.
- New Spring intake attended Food and Beverages orientation led by Mr. Aneel.
- Orientation on TSA work was organized by hostel with girls led by Mrs. Barsila.
- Orientation on Hostel policies was conducted with freshmen.
- Hostel Students celebrated Basant in FCCU.
- FCCU/TSA hostel staff lunch was hosted by Guardian.
- Our staff (Nida, Nazia and Sumera) attended FAME training organized by TSA. They have learnt making handicrafts.

## Forman Psychological Service Center (FPSC)

- On 10th January, participants attended the webinar “Overwhelmed by Over-thinking: Learn to Shut Down the Mental Noise”.
- On 15th January, participants joined the workshop “Motivational Interviewing”.
- On 16th February, FPSC team visited NUML and a “Mental Health Awareness Session” was held.
- On 17th February, FPSC team visited Unique Group of Institutions, regarding future collaboration.
- On 12th March, participants attended the webinar “Wise-Reasoning: How to Apply Wise-Reasoning to Solve Everyday Conflicts”.
- Marketing through FPSC whatsapp.
- Client Consultation: throughout this quarter, clinician delivered total 31 sessions to the 10 new clients who visited FPSC.



## Management Report

- **Reporting & Compliance**: 1) Received Renewal Certificate Punjab Charity Commission; 2) Received Property Tax Exemption Certificate till 2023.
- **Financial & Administrative Coordination**: 1) Completion of Audit FY2024-25; 2) Implementation of Provident Fund for TSA Staff.
- **Operational & Staff Management**: Supervised two training workshops conducted under the FAME Project.

## Next Step

1. **For the process with better communication to establish vocational room and sensory room at TSA Special Education School**, to better serve special children.
2. **For the budget planning FY 2026-27**, to set a good foundation for future development, for TSA/FCCU to better serve “one of the least” in the community.