



**FORMAN
CHRISTIAN
COLLEGE**
(A CHARTERED UNIVERSITY)

VOLUME 1, 2026

NEWSLETTER

CAREER SERVICES & INTERNSHIPS OFFICE



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Highlights!

- ➔ Jobs/Internships Publications 250+
- ➔ 110+ Companies Participated in Job Fair 2026
- ➔ First Ever NGO Networking Event
- ➔ 7 + Recruitment drives & Sessions
- ➔ MoU with Falah Foundation
- ➔ 12 + Collaborative Meet-ups

CSIO OVERVIEW

The Career Services & Internships Office at Forman Christian College University is committed to helping students and alumni to achieve their career goals by providing comprehensive career development resources and support. The Office's purpose is to empower students to make informed career decisions, develop professional skills, and connect with opportunities that align with their interests and strengths.

MEET OUR TEAM

"By love serve one another"



**DR. ELIZABETH MARIA
SCHWAIGER**
Dean of Student Affairs



MR. KAMIL SHAMSHAD
Associate
Dean of Student Affairs



MS. MARYAM KHALIL
Head of Career Services
& Internships



MR. SYED FARQALEET
Assistant Manager
Employer Engagement



MR. FARHAN IJAZ
Senior Officer
Career Services &
Internships



MS. SANA KOMAL
Career Services
Coordinator

Message from the HOD

Dear Readers,

It gives me great pleasure to share this edition of the CSIO Newsletter, covering the first half of 2026 (January–June) a period marked by meaningful growth, connection, and opportunity for our students at Forman Christian College.

This period's Job Fair 2026 was a landmark event, bringing together over 110 leading companies across industries as diverse as FMCG, IT, Banking, Healthcare, and Media, and welcoming more than 2,600 students and alumni through its doors. Seeing our students engage so confidently with recruiters from organizations like Jazz, McDonald's, State Bank of Pakistan, and Netsol was a proud reminder of why this work matters.

Beyond the Job Fair, our office remained active on many fronts during these months. We strengthened our community impact through the NGO Networking Event, connecting students with organizations dedicated to social good, and deepened our institutional partnerships through the signing of an MoU with Falah Foundation, opening structured internship and clinical placement opportunities for our Psychology students.

Our Career Readiness Series, held through April, equipped students with practical, real-world skills from resume writing and interview preparation to building a professional LinkedIn presence while our collaborative tours to Shaukat Khanum Memorial Hospital, the Pakistan Stock Exchange, and Nishat Chunian Factory gave students invaluable firsthand exposure to industry practice.

None of this would be possible without the continued support of our employer partners, faculty collaborators, and the dedication of the entire CSIO team. As we move into the second half of the year, we remain committed to building on this momentum and expanding opportunities for our students.

Maryam Khalil

Head of Career Services & Internships

JOB FAIR 2026



Job Fair 2026, which brought together 110+ leading companies representing diverse industries, including FMCG, Textile, IT, Telecom, Banking, Education, NGOs, Media, Healthcare, Manufacturing, Chemical, Food & Beverages, and Insurance.

Prominent organizations such as Jazz, McDonald's, Haier, Nishat Chunian, Sapphire Mills, Lawrencepur, State Bank of Pakistan, Netsol, Tixel, CureMD, i2c, Vivo Pakistan, Cheezious, Dunya Media Group, and Neo TV Network actively participated, offering exciting career opportunities to students and alumni.



The event witnessed an outstanding turnout, with over 2,600 FCCU students and alumni engaging with industry professionals, exploring job prospects, and building valuable professional networks. The gathering was honored by the presence of Chief Student Affairs, Dr. Elizabeth M. Schwaiger, Friends of Forman delegation, Deans, faculty members, and the wider FCCU community. The event commenced with the opening address by Dr. Roger Dermody, followed by stall visits alongside members of Friends of Forman.



ORGANIZATIONS

- Alkhidmat Foundation Pakistan
- The Citizens Foundation (TCF) Transparent Hands Foundation
- CIRCLE Women Association
- Pakistan Citizens Alliance
- NUR Foundation
- Inspiring Women
- Pakistan Children's Heart Foundation (PCHF)
- Million Smiles Foundation
- Kaavish Foundation
- Hope Uplift Foundation
- Greenstep Foundation
- Chopan TRust
- Bunyaad Pakistan
- Muslim Community Center
- Leadership for Social Uplift (LSU)
- Police Tahafuz Manzil Foster Home
- AKB

The Career Services & Internships Office (CSIO) hosted NGO Networking 2026 on 21 May 2026 at the Jim Tebbe Campus Centre, FCCU, bringing together students and leading development sector organisations. The event featured organisations from education, healthcare, community development, and social advocacy, including The Citizens Foundation (TCF), Alkhidmat Foundation, Pakistan Children's Heart Foundation (PCHF), Transparent Hands Foundation, and Inspiring Women. Students explored internship and volunteer opportunities, connected with NGO representatives, and gained valuable insights into careers in the social sector, reinforcing CSIO's commitment to linking academic learning with meaningful professional engagement.



SYMBIOSIS 1.0



COMPANIES

- Guard Agricultural Research & Services PVT LTD
- Chughtai lab
- Round Lake Animal Hospital
- Indus Hospital & Health Network
- IRADA
- Punjab Agriculture Food and Drug Authority
- Citi Pharma Limited
- Hitech Biotech Pvt Limited
- Alltech Pakistan Pvt. Ltd.
- CropLife Pakistan Association
- Quintech Center of Applied Sciences by Gourmet
- Auriga Chemicals Enterprises
- GAIN
- CEMB-PU
- Shaukat Khanum Memorial Cancer Hospital & Research Center
- TARA GROUP
- National Institute for Biotechnology and Genetic Engineering (NIBGE)
- Tara Group
- NHRC
- Shaikh Zayed Hospital Lahore



The Forman Biology Society (FBS), in collaboration with the Career Services and Internships Office (CSIO), organized Symbiosis 1.0, FCCU's first-ever Life Sciences Career and Advising Fair, on May 5 at the Jim Tebbe Campus Centre, 2nd Floor.

Participating organizations included Shaukat Khanum Memorial Cancer Hospital & Research Centre, Indus Hospital & Health Network, Chughtai Lab, Hitech Biotech, Citi Pharma, Punjab Agriculture Food and Drug Authority, Centre of Excellence in Molecular Biology, and National Institute for Biotechnology and Genetic Engineering, among others.

Representatives engaged with students through interactive stalls and advising sessions on internships, research, higher education, and industry opportunities. The event welcomed students from Life Sciences, Environmental Sciences, PharmD, and other disciplines across Bachelors, Masters, and PhD levels, providing exposure to careers in biotechnology, healthcare, agriculture, and scientific research.

CSIO in COMSPEX'26

Empowering Graduates



The CSIO proudly collaborated with the Department of Computer Science for COMSPEX 2026, the Annual Final Year Project Exhibition, held on June 4, 2026, at Forman Christian College (A Chartered University). The exhibition featured 41 capstone projects presented by over 120 final-year students across 15 computing domains, demonstrating innovative, technology-driven solutions to real-world challenges. The event brought together university leadership, faculty, industry representatives, and external evaluators, providing students with valuable industry exposure and networking opportunities. The exhibition concluded with an awards ceremony recognizing outstanding projects, followed by an address from Rector Dr. Douglas Trimble, who praised the students' innovation, technical excellence, and practical impact.



Ms. Maryam Khalil - Met Lahore Rang Network

The Head of the Career Services & Internships Office, Ms. Maryam Khalil, represented Forman Christian College (A Chartered University) in an interview on Good Morning Lahore aired on Lahore Rang TV. The discussion focused on the challenges Gen-Z graduates face in securing employment after completing their degrees, including evolving employer expectations, skills gaps, and career preparedness. The interview highlighted the importance of career guidance, internships, industry engagement, and continuous skill development in enhancing graduate employability. Through such media engagements, the Career Services & Internships Department continues to promote informed career planning and strengthen the bridge between academia and industry.



MEMORANDUM OF UNDERSTANDING

FCCU

X

FALAH FOUNDATION



Established in 2009, Falah Foundation is a non-governmental, non-profit organization dedicated to empowering children with special needs and supporting their development into productive members of society. This partnership will provide structured clinical placement opportunities for MS Psychology students and internship experiences for BS Psychology students, bridging the gap between academic learning and real-world practice.

The MOU was officially signed by Rector Dr. Jonathan S. Addleton on behalf of FCCU, and Ms. Fariha Saif, Founder & CEO, Falah Foundation, representing their institution. The ceremony was graced by the presence of several distinguished members, including Vice Rector for Academic Affairs, Dr. Douglas Trimble; Registrar, Dr. Nayer Fardows; Dean of Student Affairs, Dr. Elizabeth M. Schwaiger; Chairperson of the Department of Psychology, Dr. Ivan Suneel; Associate Dean of Student Affairs, Mr. Kamil Shamshad; and Head of Career Services & Internships, Ms. Maryam Khalil. Faculty and staff members from the Department of Psychology and the Career Services Office were also present.

Career Readiness Series 2026

FORMAN CHRISTIAN COLLEGE
CSIO
Career Services & International Office

CRS
CAREER READINESS SERIES
2026

TOPIC:
Resume Development

SPEAKER:
Dr. Romel John
Associate Professor FCCU

REGISTER NOW

April 15, 2026
1:00 PM - 2:00 PM
E-137

fccuareerservices



Resume Development

Dr. Romel John, Associate Professor at FCCU, conducted a practical session on resume development. Students learned how to create professional, well-structured resumes that effectively highlight their skills, experiences, and achievements to improve their employment prospects.

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CSIO
Career Services & International Office

CRS
CAREER READINESS SERIES
2026

TOPIC:
Interview Tips and Professional Attire

SPEAKER:
Ms. Arooj Pirzadeh
Head HR - Nishat Chunian

REGISTER NOW

April 22, 2026
1:00 PM - 2:00 PM
E-137

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Interview Tips and Professional Attire

Ms. Arooj Pirzadeh, Head HR at Nishat Chunian, shared valuable insights on interview preparation and professional appearance. The session equipped students with practical tips to enhance confidence, make strong first impressions, and succeed in recruitment processes.

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CSIO
Career Services & International Office

CRS
CAREER READINESS SERIES
2026

TOPIC:
Workplace Culture & Expectation

SPEAKER:
Mr. Faisal Latif
Head HR - Dolmen

REGISTER NOW

April 29, 2026
1:00 PM - 2:00 PM
E-137

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Workplace Culture & Expectations

Mr. Faisal Latif, Head HR at Dolmen, provided an insightful overview of workplace culture and professional expectations. Students gained a better understanding of workplace ethics, communication, teamwork, and the skills required to thrive in a professional environment.

FORMAN CHRISTIAN COLLEGE
CSIO
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CRS
CAREER READINESS SERIES
2026

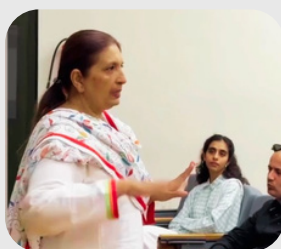
TOPIC:
Cover Letter Writing & Professional Email Etiquette

SPEAKER:
Dr. Mussarat Shahid
Head of Writing & Communication
FCCU

REGISTER NOW

April 20, 2026
1:00 PM - 2:00 PM
E-137

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Cover Letter Writing & Professional Email Etiquette

Dr. Mussarat Shahid, Head of Writing & Communication at FCCU, conducted a practical session on effective cover letter writing and professional email communication. Students learned key strategies for creating professional correspondence and improving their job application skills.

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CSIO
Career Services & International Office

CRS
CAREER READINESS SERIES
2026

TOPIC:
How to make Professional LinkedIn Profile

SPEAKER:
Ms. Faiza Tasneem
Assistant Professor FCCU

REGISTER NOW

April 27, 2026
1:00 PM - 2:00 PM
E-137

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How to Make a Professional LinkedIn Profile

Ms. Faiza Tasneem, Assistant Professor at FCCU, led an informative session on building a professional LinkedIn profile. Students gained insights into creating a strong online presence, optimizing their profiles, and using LinkedIn effectively for networking and career opportunities.

Corporate Outreach



Recruitment Drives



Al Moiz Industries

CSIO hosted Al Moiz Industries for an Open House and Recruitment Drive, giving students the opportunity to explore career pathways, interact with industry professionals, and learn about the company's recruitment process. Students also submitted applications for internships and full-time positions.



Noon Academy

CSIO organized an Open House and Recruitment Drive with Noon Academy, connecting students with opportunities in the EdTech sector. Participants gained insights into the organization's work culture, available roles, and career growth while engaging directly with recruiters.



Cure MD

CSIO facilitated CureMD's on-campus Recruitment Drive and Interview Session, allowing students to showcase their skills and compete for internship and graduate opportunities. The event provided valuable exposure to professional recruitment practices in the healthcare technology industry.



AIESEC

CSIO hosted AIESEC for an Open House and Recruitment Drive, where students learned about leadership development, international exchange programs, and volunteer opportunities. The event encouraged students to engage with AIESEC representatives and explore global learning experiences.



Recruitment Drives



Packages

CSIO organized an industry session and Recruitment Drive with Packages Limited, providing students with insights into the company's operations, career pathways, and graduate opportunities. The event also enabled students to connect with recruiters and apply for available positions.



Maxim Agri

CSIO hosted Maxim Agri for an industry engagement session and Recruitment Drive, offering students an overview of the agribusiness sector and emerging career opportunities. Participants interacted with company professionals, gained industry insights, and explored internship and employment prospects.



Next Generation Technology Solutions

NGTSOL conducted an insightful session for Computer Science students, highlighting emerging opportunities in Information Security, ServiceNow, and Artificial Intelligence. The session provided industry perspectives, career guidance, and an overview of current technology trends, helping students better understand the skills and competencies required in the evolving IT sector.



THE CITIZENS FOUNDATION

TCF

CSIO welcomed TCF for an Open House and Recruitment Drive, introducing students to meaningful career opportunities in the education and social development sector. Students interacted with recruiters and learned about roles that contribute to creating a positive social impact.



CSIO AROUND CAMPUS



The Career Services & Internships Office (CSIO), Forman Christian College (A Chartered University), organized Open Houses to familiarize students with its comprehensive career development services. The event showcased career counselling, internship opportunities, recruitment drives, job fairs, professional development workshops, industry engagement programmes, and employer partnerships, while highlighting the office's role in supporting students' career readiness and employability.



Students from across the university visited the Open Houses to engage with the CSIO team and learn about the wide range of services available throughout their academic journey. Participants received guidance on career planning, internships, graduate opportunities, industry exposure, professional skill development, and employer engagement initiatives, enabling them to make informed decisions about their career paths and maximise the resources offered by CSIO.



Shaukat Khanum
Memorial Trust

From Classroom to Industry

Visit to:

Shaukat Khanum Hospital



The visit was accompanied by
Ms. Tehniyat Fatima
Lecturer, Department of
Sociology.

Mr. Syed Farqaleet Kausar
Assistant Manager Employer
Engagement, Career Services
& Internships Office.



The Career Services & Internships Office, in collaboration with the Department of Sociology, organised an academic visit to Shaukat Khanum Memorial Cancer Hospital and Research Centre for students enrolled in the course "Sociology of Health", taught by Ms. Tehniyat Fatima.

The visit provided students with valuable exposure to the healthcare sector and an opportunity to observe the operational environment of one of Pakistan's leading healthcare institutions. The tour included visits to different departments of the hospital, where students learned about patient SOPs, hospital management practices, and healthcare operations. Students also visited the children's ward and attended an informative session explaining the complete patient journey, from arrival and diagnosis to treatment procedures and care management.



PAKISTAN
STOCK EXCHANGE
LIMITED

Visit to: Pakistan Stock Exchange



The visit enabled students to connect concepts from the Corporate Governance course with real-world practices in governance, transparency, accountability, and investor protection. Through direct interaction with industry professionals, students gained a deeper understanding of the role of capital markets in fostering investor confidence and sustainable economic growth.



Dr. Samreen Hamid from the School of Management, in collaboration with the Career Services & Internships Office, organized an educational visit for students enrolled in the Corporate Governance course to the Pakistan Stock Exchange (PSX). Facilitated through the support of Mr. Farrukh H. Sabzwari, CEO, PSX, the visit provided students with practical exposure to Pakistan's capital markets, trading mechanisms, and investment opportunities. Prior to the visit, Ms. Musarat Jabeen conducted an online session on corporate governance and regulatory frameworks. At PSX, Mr. Sarmad Hussain, Regional Business Development Lead & Assistant General Manager, PSX Lahore Office, delivered an insightful session on PSX operations, stock market fundamentals, investor education, portfolio diversification, and informed investment decision-making.



Visit to: Nishat Mills



- Gained practical exposure to textile manufacturing processes and operations.
- Learned about cleaner production techniques and pollution control practices.
- Enhanced understanding of sustainable industrial and environmental management systems.
- Bridged theoretical knowledge with real-world industry applications.

The Career Services & Internships Office, in collaboration with the Department of Environmental Sciences, organised an industrial visit to Nishat Chunian Factory for M.Phil Environmental Sciences students enrolled in the course "Cleaner Production and Pollution Control Technologies", taught by Dr. Shazia Ilyas.

The visit provided students with practical exposure to the facility's key production processes, including fabric dyeing and processing, printing, and stitching for home textile products such as bed linen, curtains, and table linen. Students had the opportunity to tour the plant, interact with industry professionals, and gain firsthand insight into how cleaner production techniques and pollution control measures are integrated at each stage of the manufacturing process.

LET'S HEAR FROM OUR STUDENTS

Emaan Bano
BS Computer Science (Batch 2025)
Executive Software Developer
Packages Group

Selected through the CSIO Recruitment Drive, she has embarked on a promising professional journey, reflecting the success of FCCU's employer engagement initiatives in connecting students with leading organisations. Her achievement highlights the value of industry-academia collaboration in preparing graduates for successful careers. As she begins this new role, she represents the growing impact of FCCU graduates in Pakistan's technology sector. Her success serves as an inspiration for students aspiring to build rewarding careers in software development.



Abdullah Cheema
Supply Chain Officer
Sapphire Group

I'm a Business Graduate of Class 2025 with specialization of Operations Management
I'm looking two divisions of Sapphire Group one is Sapphire Diamond Textile and other one is Sapphire Dairies.
My advice for my junior batchmates is if you get any chance of networking with business professionals do avail that for growth and opportunities.
I believe in "Your Network Is your Network"



Nabeel Mahmood
BS Computer Science (Batch 2025)
Executive AI Developer
Packages Group

Through the CSIO Recruitment Drive, he has successfully launched his professional career, demonstrating the impact of meaningful employer partnerships and career opportunities facilitated by CSIO. His achievement underscores FCCU's commitment to equipping students with the skills and industry exposure needed to thrive in today's evolving job market. His placement reflects the increasing demand for FCCU graduates in emerging technology fields. We look forward to witnessing his continued professional growth and contributions to the field of Artificial Intelligence.



Syed Hassan Abbas Bukhari
BS Business
Pakistan Citizen Alliance

During his internship at Pakistan Citizen Alliance, Syed Hassan Abbas Bukhar served as the Group Leader of the Pakistan Corps, leading a team of five members in teaching and fundraising initiatives. The experience strengthened his leadership, teamwork, and communication skills while providing meaningful exposure to community engagement and project coordination. His internship reflects the value of experiential learning in developing socially responsible future leaders.



Hadia Maqsood
BS Business (Marketing & Sales)
Cross Stitch

During her internship at Cross Stitch, Hadia Maqsood gained practical experience in marketing strategy, brand communication, and campaign execution within Pakistan's fashion industry. Working alongside experienced professionals, she enhanced her creative thinking, communication, and problem-solving skills while developing a deeper understanding of brand management. The internship provided valuable industry exposure and strengthened her readiness for a career in marketing.



Career Services & Internships Office



CONTACT US

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Jim Tebbe Campus Centre,
FCCU.



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